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## Investing in innovation



Photos and story by Miriam King, Bradford Times

Director of Technology Henry Liu, right, explains how seaweed products can change the texture of food, to Minister of State for FedDev Ontario Gary Goodyear and MP for Newmarket-Aurora, Lois Brown at GUM Products International in Newmarket, on February 9.

Federal Minister of State for FedDev Ontario, Gary Goodyear was in Newmarket to announce an investment

in an innovative company interested in expanding into the Biotech sector.

GUM Products International Inc. had its start in 1992 with a single employee, and a single process - transforming seaweed into the food stabilizer, carrageenan.

Now the Newmarket-based company has 40 full-time employees, is active in 6 countries, and has international sales in excess of 180 tonnes per month, exporting its natural food additives that improve texture, stability, shelf life and food safety.

It's a success story that has benefited from federal

support, through FedDev Ontario. In 2010, GUM Products International received funding to expand its Research and Development, and develop vinegar-based anti-microbial additives.

On February 9, GPI welcomed Minister of State for FedDev Ontario Gary Goodyear and Newmarket-Aurora MP Lois Brown, for a tour of the Newmarket plant - and the announcement of an additional investment of up to \$995,000 in the innovative company, allowing it to expand its processing and its research into the biotech sector.

see INNOVATION Page 2

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# Investing in innovation

INNOVATION from Page 1

Donning white lab coats and blue hair nets, Minister Goodyear and MP Brown were given a tour of the laboratories, just off Harry Walker Parkway in Newmarket.

Director of Management and Technology Henry Liu explained how the company transforms dry seaweed chips into carrageenan and other products, plant seeds into polysaccharides, and vinegar into anti-microbial additives that enhance flavour and extend shelf-life.

He also described the research into a new line of bacteria-based food safety products, to control common pathogens such as *Listeria*, *Clostridium* and *Pseudomonas*. An "improved" version also controls *Salmonella*, *E. coli* and possibly *Campylobacter*.

The products developed use all-natural ingredients to enhance flavour, colour, appearance and texture, and food safety in chicken, meat, seafood, dairy and confectionery. Minister Goodyear and MP Brown had a chance to see, and taste, for themselves in GPI's research kitchen, where President and Manager Kenneth Tan invited them to try dishes prepared using the company's products.

On the menu were chicken wings, prepared with malt vinegar. "The vinegar really boosts the flavour. At the same time, it's safer - the vinegar has an anti-microbial property... A new ingredient, from an age-old tradition," Tan said.

The funding announcement was made at GPI's future biotechnology facility, on Pony Drive. Economic development... is a huge priority for the federal government," Minister Goodyear told the gathered staff and dignitaries.

He noted that the FedDev funding, part of the Investing in Business Growth and Productivity initiative, was designed to encourage businesses "to become more competitive, through better technologies" - and to provide "the right

tools for companies to bring their products to the marketplace... the tools they need in a changing global economy."

"Our government's dedicated efforts are really providing the necessary targeted investments, to attract and retain businesses, and maintain economic growth," MP Brown said. "We have a solid manufacturing sector, and a motivation to grow our businesses."

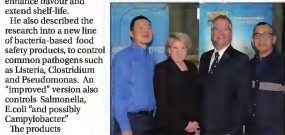
The investment by FedDev Ontario will allow GPI to "transition from a food additive manufacturer, to a biotech company."

Tan concluded, "This funding will allow GPI to effectively implement its plan to bring new innovative products that are leading-edge and novel to the market. Food-borne pathogens and the microbial safety of food are a growing concern worldwide. There is a

huge latent demand for these anti-microbial ingredients which are highly effective but totally natural. Our goal is to continue to be pioneers in this niche, and this investment will ensure we continue to achieve that."

In addition to the announcement at GUM Products International, the Minister also visited BlonX Canada Inc., a manufacturer of electric drive systems for bicycles that received \$31,000 in 2013 for training from the Yves Landry Foundation's AIME Global Initiative, and Palcam Technologies, which received \$75,000 through the Canadian Manufacturers & Exporters (CME) SMART Prosperity Now program - both of which are supported by FedDev Ontario.

Minister Goodyear and MP Brown joined CME VP of National Policy Mathew Wilson at a Manufacturing Round Table, that invited local companies to discuss the challenges and opportunities facing Ontario's manufacturers. Inset, from right - GPI President Kenneth Tan, Minister Gary Goodyear, MP Lois Brown, and Director of Technology Henry Liu, Feb. 7.



## New Committee to look at traffic concerns

Resident Kelly Kearns appeared before Bradford West Gwillimbury Council on January 20 as a deputization - asking the Town to ban on-street parking on the north side of Magani, and within 15 metres of the intersection with Harmony Crescent, in keeping with Town By-laws.

Kearns, who lives on Magani near the intersection, told Council that the curve of the road makes it difficult to see on-coming traffic when there are vehicles parked along the north side of the street, and impossible to back out of a driveway.

"There have been a number of near-misses," she said. "You're absolutely blinded. You can't see past parked cars."

"I agree with the presentation. This is something to be looked at," said Councillor Peter Dykile Jr., asking for a staff report.

"Speeding, parking - those were major issues for sure," when the current members of Council were

out campaigning door to door, noted Deputy Mayor James Leduc. "There are plans to establish a new Traffic and Parking Advisory committee to look at the issues on a Town-wide basis," Leduc said, suggesting that Kearns might be invited to be part of the Committee, if the public is to be involved.

It is a large concern of residents and Council," agreed Mayor Rob Keffer. The issue of street lights was added to the mix, when Council considered a request for lighting at the intersection of County Rd. 27 and the 11th Line BWG, and Councillor Gary Baynes asked for lighting at Parkwood and the 6th Line.

Town Manager Geoff McKnight suggested that lighting could be included in the town-wide comprehensive review, along with traffic and parking, rather than dealing with each request in isolation. "We're going to have quite a grand collection of items to review," he noted.

## BWG Council approves the 2015 Budget

The Town of Bradford West Gwillimbury has approved a 2015 Municipal Property Tax Levy of \$19,916,620, a Special Capital Levy of \$1,533,045, Water Budget of \$5,762,820, Wastewater Budget of \$4,975,250 - and a Capital Budget of \$181,116,700, almost all of which will be paid through Development Charges and the Residential Developers' Early Payment Agreement #3.

The municipal portion accounts for only about 41.78% of total property tax, which also includes the Provincial Education Levy (17.44% of the total), the Simcoe County Levy (26.26%) and Police Service Levy (14.51%).

For 2015, there is no increase in the Education tax, the County Levy has increased by 1.4%, and the cost of the South Simcoe Police Service is actually down by 0.52% - but not because expenditures have decreased. Expenditures are up, but have been offset by growth in Assessment, both in the assessed value of each home, and in the number of households in BWG.

The average home in Bradford West Gwillimbury is valued at \$360,080

in 2015. The blended property tax payable by an average home is increasing by \$39.83, over 2014 - almost all of it due to this year's Special Capital Levy (up by \$37.41).

The Special Capital Levy builds reserves for the eventual replacement of aging roads, bridges and other infrastructure.

The year-over-year increase would be modest - except that the current value assessment of homes in BWG is up by 2.53%, according to MPAC, the agency that determines value - adding an automatic increase for most homeowners.

Also going up: Water and Wastewater rates - payable only by those on municipal sewer and water services - by an estimated 2.5%, and some fees, especially in Leisure Services.

The cost to rent the gym at the Leisure Centre is going up by \$10 per hour, and \$60 to \$70 per day for adult leagues - and \$5 an hour, \$30-\$35 for a full day for youth sports.

The cost of ice time is also going up, by \$3 an hour - a rate that has been described as "competitive" with surrounding areas.

## Family Day Holiday

There will be **NO CHANGE** to your garbage, organics, and recycling collection day. Have materials at the curb by 7 a.m. on your regular day to ensure collection.

**WASTE MANAGEMENT FACILITIES HOURS**  
All County waste management facilities will be **CLOSED** Monday, February 16.

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## Snowmobile flipped

South Simcoe Police warn that riding a snowmachine can be a dangerous activity, and it's important to use the appropriate safety equipment – as an Innisfil teen discovered on February 9.

Around 5:15, South Simcoe Police were called when a male youth was found on Strathallan Woods Lane, on the road. According to a witness, the youth had been operating a friend's snowmobile at a high rate of speed, when he lost control and flipped the machine. He was not wearing a helmet.

The teen was taken to hospital where he was treated for minor injuries. Strathallan Woods Lane is private property, so no charges will be laid – but police remind snowmobilers that anyone operating a snowmachine on trails, roadways or frozen lakes must abide by the Motorized Snow Vehicles Act, and wear a helmet.

The teen was lucky to escape serious injury.

## Operation Bait Bucket returns



Photo by Miriam King, Bradford Times

Lake Simcoe - The Ministry of Natural Resources & Forestry will be conducting Operation Bait Bucket for a 5th year - talking to ice anglers around Lake Simcoe on ways and means of preventing the spread of invasive species and fish diseases. The primary message: Don't dump your bait buckets and leftover water or minnows into the lake, when finished fishing.

Last year, MNRF crews with Operation Bait Bucket spoke with 1,424 anglers on Lake Simcoe. This year, they'll also be providing a free "Personal Leftover Baitfish Bag" to encourage re-use or proper disposal of leftover bait. The campaign began Feb. 4, and continues until March 15 - when ice huts must off the lake, and Lake Trout, Whitefish, cisco and Walleye seasons close, until May.

## South Simcoe Police Report: Assault

### Domestic Assault

Just after midnight on Feb. 11, South Simcoe Police were called by a 12-year old boy, reporting a domestic assault at his home. Officers responded, and spoke with a woman who said that her estranged husband had assaulted her in the driveway, then followed her inside her apartment to continue the assault. The man also assaulted the victim's mother when she tried to call police. A 31-year old Markham man was arrested and held for a bail hearing, charged with Unlawfully in a dwelling, and 2 counts of Assault. Neither victim required medical attention. Since children were present during the assault, Children's Aid will be notified.

### Robbery, Assault

Police were called to a Bradford home on Tuesday, Feb. 10. A 61-year old woman in fragile health reported that she had been assaulted by her adult son. The man had his mother drive him to a check-cashing business with a fraudulent cheque. When they arrived, the mother argued with him for trying to cash the cheque, and when staff refused to accept it, the man became angry and punched the victim in the ribs. He then forced her to go to a nearby ATM and withdrew money from her account. When they arrived home, he threatened to further assault the victim. The woman spoke to a friend, who called police. A 38-year old Bradford man has been charged with Assault, Robbery and Threaten Bodily Harm.

### Fail to Remain

On Friday, Dec. 19, 2014, South Simcoe Police were called to a 2-car collision at Holland St. W. and Toronto St. in Bradford. One of the vehicles involved had fled the scene, without stopping. A rental car was later found abandoned in Innisfil. Investigation identified the driver as a 24-year old woman from Rockwood, Ontario. A warrant was issued for her arrest, and on Feb. 8, 2015, Waterloo Regional Police arrested the woman for Fail to Stop After Accident, and turned her over to South Simcoe Police.

### Mischief

Police were called to a business on Holland

St. in Bradford, at about 8 p.m. on Feb. 6, regarding 3 male youths who broke the front window. The 3 teens had attended the business and asked to purchase cigarettes. The clerk asked for ID, and when the teens were advised they weren't old enough, they left the premises – but one of the males smashed the front window of the store with his hand. Police were able to identify the youths from a security tape, and arrested a 16-year old male from Beeton. He was charged with 1 count of Mischief, and released on a promise to appear for Youth Court.

The other two youths and their parents received a caution.

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## our editorial

# Our flag turns 50

Is there anyone who didn't feel a thrill of pride, when our athletes carried the red and white Maple Leaf flag in the opening ceremonies at Sochi? Or saw our winning athletes drape themselves with its folds?

Simple, strong, instantly recognizable - it has become a powerful and unifying symbol for Canadians

I didn't always feel that way. In 1965, as a teenager, I was one of the critics who suggested that the new flag resembled nothing so much as a beer label. I preferred the *other* design - two puerile bands of blue representing the oceans, separated by a field of white on which three small, withered maple leaves

clung to a stick.

Now, I love the flag's bright simplicity, the way it looks on the flagpole when a gusty wind is blowing. And I love the fact that it has no trace of the Union Jack anywhere in its design.

No offence. The Queen is a wonderful, gracious lady, and I'm happy to be part of her Commonwealth. But I see no reason to wallow in false sentimentality and regret for the loss of a colonial past.

The Union Jack could never unify nations speaking French and English. First Nations, and all of the myriad of nationalities that have found refuge on her shores - in the same way as a new flag, for a new country. The red and white Maple Leaf - MK

# Flag Day Proclamation in BWG

Sunday, February 15 is National Flag Day in Canada - and this year, the Maple Leaf flag celebrates its 50th Anniversary.

There will be a special ceremony at the Bradford Courthouse, 57 Holland St. East, at 12 noon on February 15 to mark the occasion.

"We think it's a wonderful way to celebrate our country - celebrating our flag," said Bradford West Gwillimbury Mayor Rob Kellner in the Feb. 3 meeting of Council, proclaiming National Flag Day in Canada Day in the Town of Bradford West Gwillimbury.

**Whereas:** The national flag of Canada was inaugurated on February 15, 1965, and the anniversary of this date is known as "National Flag of Canada Day" or "Flag Day," this year marking the flag's 50th Anniversary; and  
**Whereas:** the most important Flag Day

symbol is the national flag of Canada, consisting of two red vertical sections separated by a white section bearing the image of a single red Maple Leaf; and

**Whereas:** the National Flag of Canada was designed by George F. G. Stanley, inspired by the Royal Military College of Canada's flag, and a multi-party parliamentary committee unanimously chose the design on Oct. 29, 1964; and  
**Whereas:** the House of Commons passed the design on December 15, 1964, Queen Elizabeth II proclaimed the new flag on January 28, 1965, and it was inaugurated on February 15 in the same year;

**Therefore be it Resolved:** That Mayor Rob Kellner and Members of Council hereby proclaim February 15, 2015 as National Flag of Canada Day in the Town of BWG and encourage all Canadians to express pride in their national symbol.

## Local Historical Society meetings...

On February 18, the Newmarket Historical Society meets at the Lions Hall & Newmarket Community Centre 10 Riverwalk Commons (Dug Duncan Drive), 7:30 p.m. Guest speaker is storyteller Bruce Carmody with 2 stories: The Cancellation of the Auro Arrow; and The Food Drop to the Dutch People during World War II.

On Monday, February 16 from 1 to 4 p.m., the Innisfil Historical Society hosts its annual **Family Games Day** at the

Knock School heritage site in Innisfil - an opportunity for the whole family to try out traditional games, from Snakes & Ladders to Parchesi. The next meeting of the Innisfil Historical Society will take place on Saturday, February 21 at 2 p.m., at the Knock Schoolhouse heritage site. The theme is "Snow Stories" and **Show & Tell**. Bring your best Snow Story or an item to share with an Innisfil connection. All welcome. For more information, call Marg at 705-458-9362.



Esther Vanderpoel, Registered Massage Therapist, aromatherapist and Reflexologist demonstrates the art of massage at the RNS Wellness Fair in January, held at the RNS Health & Wellness Centre at 487 Holland St. West (behind Sunset Grill). The Centre, operated by Regional Nursing Services of Aurora, offers Massage Therapy, Physiotherapy, Chiropractic - including Deep Tissue Laser Therapy and Laser Acupuncture, and Kinesiology. It is also supportive of community groups that are committed to increasing the "Culture of Wellness" in BWG. For information see [www.rnshwcentre.com](http://www.rnshwcentre.com) or call 905-778-1888. RNS Health & Wellness is planning to be at the Bradford Board of Trade Town & Country Living Show on April 25.

## letters to the editor

### Concerns over decision on doctor-assisted suicide

To the editor: Christian Horizons is concerned about the future implications of the Supreme Court of Canada's ruling on doctor-assisted suicide as it relates to persons with developmental disabilities.

As a provider of services for people with developmental disabilities, we work to promote full citizenship of people with exceptional needs. We value all people as image-bearers of God, to be respected for their gifts, abilities and contributions.

In the past 50 years, Canadian society has made tremendous progress in recognizing the value of all people by building communities with include all people.

The court ruled that permission for physician-assisted death must be strictly limited to a competent adult, clearly consenting to the termination of life, where the person has a grievous and irremediable medical condition causing enduring suffering that is intolerable to the individual.

The risk is that any law following this decision may allow others to make life-ending decisions for people deemed or seen as incapable of voicing their own voices. We must ensure that abuse and disproportionate impact on vulnerable people does not materialize.

The cautions in the decision must be respected. Our concern is that they will not.  
**Janet Nolan, CEO Christian Horizons  
Serving the person with exceptional needs**



On Thursday, February 19, the York-Simcoe Federal Liberal Association will meet to elect a new executive, and prepare for the upcoming 2015 federal election campaign. Candidate Dr. Shaun Tanaka will speak about his vision of positive change, both for communities and for Canada's style of politics. Bradford West Gwillimbury Mayor James LeDuc will also speak about "Collaborative Politics," that puts people first.

The meeting will take place at Bradford United Church, 66 Barrie St. in Bradford, starting at 7:20 p.m. Shaun Tanaka grew up in Mount Albert, and currently lives in Sharnon. She is a social and cultural geographer at the University of Toronto.

# Ontario Heritage Week

Mayor Rob Keffer and Council hereby proclaim February 16 to 22, 2015 as Ontario Heritage Week in the Town of Bradford West Gwillimbury.

**Whereas:** Heritage Week offers a unique opportunity for the people of Ontario to celebrate the province's rich history and to recognize the unique heritage of their own communities; and

**Whereas:** This year's theme, *"Play, Endure, Inspire - Ontario's Sport Heritage"* - allows us to explore Ontario's rich and robust sport heritage, that has produced generations of athletes, and diverse competitive traditions; and

**Whereas:** During Heritage Week and throughout the coming year, as we celebrate the 2015 Pan Am-Para Pan American Games, Ontario Heritage Trust will join with local communities to celebrate the people, places and events that have shaped Ontario's sport heritage;

**Therefore Be It Resolved:** That Mayor Rob Keffer and Members of Council hereby proclaim February 16 to 22, 2015 as Ontario Heritage Week in the Town of Bradford West Gwillimbury, and encourage all residents to celebrate their rich and diverse heritage and the remarkable heritage of our great community.

## Tec. & West Gwill. Historical Society Show & Tell

**By Helen Yieland**

Members of the Tecumseh & West Gwillimbury Historical Society brought their treasures to the annual January Show & Tell program, sharing stories and objects.

Household items included delicate and painted china from the 1920s belonging to the Northwood family; and a crystal cruet displayed by Clark See - who purchased it at the age of 10 for 10 cents, launching a lifetime of collecting.

Betsy Flood's vintage postal scales triggered stories of unheated cars and roads little better than cow paths.

Tim Orlik brought sturdy beer bottles and an ashtray bearing the BRADING name and label - a family-run Ottawa brewery (1865-1903) that produced porter and ale until E.P. Taylor purchased the business, then sold it to Carling-O'Keefe. It was eventually bought out by Molson.

Isabel Abbott displayed a bobbin holder and demonstrated how to wind yarn from a skein to a ball, using a wooden wool swift - tools of her weaving hobby.

A lithographed plate bearing an invitation to an event for Sir Wm. Mulock was found in his wardrobe - an antique purchased by Vaughan Harris' father, a Newmarket cabinet-maker and antique dealer.

There were photos, books and cards that provided insight into the past - including Hazel Johnson's "grim-looking" family portrait of her Grandparents, taken in Quebec, and a photo of their first home; in fact,

**Did you know?** From the 1880s to the early 1900s, Bradford was a centre for Lacrosse. In 1902, Bradford won the Junior CLA Championship, and in 1905, the Intermediate Championship - defeating Orillia, Newmarket, Shelburne, and in the final, Seaford. In 1904, 1905, and 1906, the team was invited to New York, to play the Crescent Athletic Club.

**Did you know?** Norm Collings, born in Bradford, played one game in the NHL with the Montreal Canadiens, in 1934-35, as a Left Winger - and recorded an assist.

**Did you know?** Bradford-born Mike Kilkenney played major league baseball, pitching for the Detroit Tigers from 1969 to 1972; in 1969, he recorded a 3-hit shutout against the California Angels. In 1972, he was traded to the Oakland Athletics, the San Diego Padres, and finally, the Cleveland Indians (1972-3). In his 139 pro ball games, he is credited with 23 wins, 18 losses, 4 saves, and an ERA of 4.43. He finished his career in the Canadian Intercountry Baseball League, playing for the London Majors. He helped the Majors to the championship title in 1975, earning MVP and the John Bell Memorial Trophy, with a 9 and 1 record.

they were a warm and caring family. And Lois Fails brought books from the collection of her grandfather, a Methodist Minister near Oranville, in the 1890s.

Two maps were of interest. A double-sided framed Ontario road map dating from 1889, a prized possession of Don Mossey, not only showed paved roads but wagon tracks - and several inaccuracies, including the location of Tottenham. Louis Theriault used a map of Nova Scotia to illustrate the travels of Mr. Church in 1864, who walked the length and breadth of the province recording every house, church, blacksmith, etc., over a 4-year period, to create a detailed census.

Franz Aschwendt was assisted by daughters Sophie and Elisabeth, in demonstrating how technology has changed. He emptied the contents of a suitcase he had carefully packed for a Cuban vacation - a phone, a camera, a Walkman for music, a GPS, a diary to record the highlights of his trips.

His daughters demonstrated a single device that fulfills all the same functions - a Smartphone - and told him he should "get with it."

On Monday, February 16, the Tecumseh & West Gwillimbury Historical Society presents a "how-to" program on the preservation of paper records and photos, with Ellen Millar, Assistant Archivist at the Simcoe County Museum, at the Tec-We-Gwill Women's Institute Hall in Newton Robinson, 7:30 p.m. For more information, call 905-775-7144.

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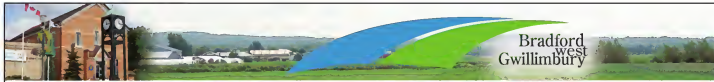
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## TOWN COUNCIL MEETINGS

Members of the public are invited to attend all Council, Committee of the Whole and other Committee meetings. Meeting dates, times, and agendas are available from the Town's website at [www.townofbwg.com](http://www.townofbwg.com).

For further information or to request a deputation, please contact the Clerk's Division.

**Regular Meetings of Council and Committee of the Whole** – Council Chambers, 425 Holland St. W.

• Tues. Feb 17 @ 7:00 p.m. - BWG Library & Cultural Centre, Zima Room

## UPCOMING BOARD/COMMITTEE MEETINGS

### Library Board

Mon. Feb 23 @ 7:00 p.m. - BWG Library & Cultural Centre, Boardroom., 425 Holland St. W.

### Police Services Board

Mon. Feb 23 @ 7:00 p.m. - Town of Innisfil, Community Room, 2101 Innisfil Beach Road, Innisfil.

### CANCELLED - Committee of Adjustment

Wed. Feb 25 @ 6:30 p.m. - BWG Library & Cultural Centre, Zima Room, 425 Holland St. W.

## PROCLAMATIONS

That his worship Mayor Rob Keffar and Council Proclaim:

**February 15, 2015 - National Flag of Canada Day**

A flag ceremony will take place on Sunday, February 15th at 2:00 p.m. on 57 Holland St. E - BWG Court House Courtyard  
**February 16-22 - Ontario Heritage Week**

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## NOTICES

TAKE NOTICE, that the Administration Office will be closed Monday, February 16th, 2015 for Family Day and will re-open on Tuesday, February 17th, 2015 at 8:30 a.m.

On behalf of the Members of Council and staff we wish you a safe and happy Family Day.

## COMPETITIVE BID

**RFT #: T-15-14M**  
**Request for Tender**

**For**  
**Sewer Laterals – CCTV Inspections**  
**Closing: 2:00:00 pm February 19, 2015**

Tender documents may be obtained by registering for this opportunity on-line on the Town's Website as follows:

[www.townofbwg.com/twnsr/purch/compbidopp](http://www.townofbwg.com/twnsr/purch/compbidopp)

## EMPLOYMENT OPPORTUNITIES

The Town of Bradford West Gwillimbury is accepting applications for the following positions:

**Gym Attendant**  
2015-AQ02

**Instructor/Lifeguard**  
2015-AQW1

**Aquafit Instructor**  
2014-FAI1

A complete description of job duties, qualifications and application instructions for these positions can be found on the Town of Bradford West Gwillimbury website at [www.townofbwg.com](http://www.townofbwg.com) under the Employment Opportunities section; or at the Town's Human Resources office as listed below.

Town of Bradford West Gwillimbury,  
Human Resources Department  
100 Dissette St, Unit 4 Box 100, Bradford,  
Ontario L3Z 2A7

Fax: 905-775-8633 or email [hr@townofbwg.com](mailto:hr@townofbwg.com)

We thank all applicants for their interest; however, only those being considered for an interview will be contacted. In accordance with the Municipal Freedom of Information and Protection of Privacy Act, personal information is collected under the authority of the Municipal Act, and will only be used for candidate selection.

The Town of Bradford West Gwillimbury is an equal opportunity employer. Accommodation will be provided in accordance with the Ontario Human Rights Code.

## THIS IS A FRIENDLY REMINDER TO DOG OWNERS DO NOT FOUL OUR SIDEWALKS AND PARKS DON'T FORGET TO "STOOP AND SCOOP"

Dog waste is a public health hazard that takes the pleasure out of our door activities for all Bradford West Gwillimbury residents. Failure to clean-up and dispose of dog excrement is a violation of Section 4.9 of Town of Bradford West Gwillimbury By-law 2006-027 and can result in a fine of \$205.00.

It is also a violation of Section 4.9 of By-law 2006-027 to let your dog run at large.

## Important Notice 2015 Property Tax Bills

The 2015 Interim property tax bills are being mailed out during the last week of January 2015. Tax bills were issued for each of the following tax classes; residential, multi-residential, commercial, industrial, pipeline, farm and managed forests. The due dates are the same for all tax classes; first instalment due **February 25, 2015** and second instalment due **April 28, 2015**. Please note these bills represent no more than 50% of the previous year's annualized taxes levied.

Please note that the tax bills were printed prior to the February 1, 2015 penalty and interest being charged and only reflect payments received up to January 23, 2015. Any arrears/past due amounts included on the first instalment stub of this tax billing will be subject to additional interest if not paid by January 31, 2015.

Owners of newly constructed homes may receive a tax bill for the value of the vacant lot only, until the home is assessed. Once the house is assessed, you will receive a supplementary/omitted tax bill for the taxes on the value of your home. This process may take up to 3 years and the taxes due will be retroactive to your date of occupancy. For an estimate of your annual taxes, multiply the purchase price of your home by the current tax rate (2014 tax rate was 0.01141131) or contact the Finance Department at 905-775-5303.

Failure to receive a tax bill does not excuse the property owner from the responsibility for payment, nor relieve him/her from liability of penalty for late payment.

TOWN MANAGER, CLERK &  
EMPLOYMENT  
100 DISSETTE ST. UNIT 4, 7 & 8  
PO BOX 100 L3Z 2A7  
905-775-5366

ENGINEERING  
300 BOX 228, UNIT 2  
P.O. BOX 419 L3Z 2A8  
905-775-3050

FINANCE  
81 HOLLAND ST. E.  
PO BOX 180 L3Z 2A6  
905-775-5303

FIRE & EMERGENCY SERVICES  
789 HILLVIEW DR.  
PO BOX 1221 L3Z 2H6  
905-775-7311

LEISURE CENTRE  
471 WEST PARK AVE.  
L3Z 6A9  
905-775-PLAY(7639)

LEISURE SERVICES  
125 UNION ST.  
PO BOX 261 L3Z 2A6  
905-775-5351

PLANNING & DEVELOPMENT  
100 HILLVIEW DR.  
PO BOX 180 L3Z 2A6  
905-775-5308

VISIT OUR WEBSITE:  
[www.townofbwg.com](http://www.townofbwg.com)

## Darts at the Bradford Legion



Tournament convenor Julian Dressler, left, and Sports Officer Frank Brooks, with the Frank Lotto Memorial Trophy, up for grabs at the Darts tournament at the Legion, Feb. 7.

Seventy-six darts players signed up for the 2nd annual Frank Lotto Memorial Darts Tournament, February 7 at the Bradford Legion, 115 Back St. Tourney convenor Julian Dressler called it a "great turnout", as the 19 teams prepared to play in 4 divisions.

Co-ordinator and Sports Officer Frank Brooks noted that this year the Tourney was dedicated to the memory not only of past president Frank Lotto, but long time member, Bruce Turner. "They will always be remembered."

Dart lovers take note: Euchre, usually held on the 3rd Saturday of the month, is cancelled in February. On

February 21, the Bradford Legion will host a Dart fundraiser for Elite Dance Corps. Call 905-775-5025 for information.

Friday Night Social Time! Every Friday at 6 p.m. at the Bradford Branch of the Royal Canadian Legion, 115 Back St. in Bradford, Culinary Arts Students of Bradford District High School serve up dinner for a moderate fee, followed by music and camaraderie. All are welcome to attend.

New at the Legion: Wednesday nights are **Cribbage Nights** at the Legion. Registration begins at 6:30 p.m.; cost to play is \$5. All welcome.

## At the Danube Srs. Leisure Centre

The Danube Seniors Leisure Centre is located at 715 Simcoe Rd. south of Bradford. For information on programs and events, call 905-775-0612 - or visit the new website, [danubeseniorcentre.webs.com](http://danubeseniorcentre.webs.com)

**Coming up:** Pancake Tuesday! The Danube Centre hosts a Pancake & Sausage Brunch on Tuesday, February 17, from 11 a.m. to 12:30 p.m.

## Probos Club II Meets

Bradford's PROBUS Club II - a social club for retired and semi-retired Professional and Business people - meets on Wednesday, February 18 from 10 a.m. to noon at St. John's Presbyterian Church, 10 Sideroad and the 10th Line BWG. Guest speaker is Albert Wierenga, talking about Habitat for Humanity in Malawi, Africa. Coffee, tea and treats will be available - new members welcomed.

For more information, contact Jill Sanderson, 705-290-0099 or Joanne MacLeod, 905-551-0942.



### NOTICES

## MEGATHON

Saturday February 21st

In support of  
HEART & STROKE  
FOUNDATION



8:00am -  
12:00pm

\*Child minding available from  
8:45 - 12:00pm

Location: BWG Leisure Centre 471 West Park Ave  
Bradford, ON, L3K 0J3

Goal: \$1600

Register: In person at the fitness centre (2nd floor)

or  
Online at: [www.HeartStroke.ca](http://www.HeartStroke.ca)

**\$20.00\*\*** Early Bird Registration up to February 12, 2015  
- Includes up to one hour of participation in a single event  
(Spin, Yoga, Walking) in consecutive time slots. Include  
entry into a draw for a free one month membership

**\$20.00\*\*** at the door - on-site based on availability  
\*An additional \$35.00 per person following 1 hour of participation  
\*\*Must be 14 or older to participate



## HOCKEY DAY

IN B.W.G.

Saturday February 14, 2015

Learn to Skate  
for Kids & Adults  
for Girls' Team

Learn to Skate  
for Kids & Adults  
for Girls' Team

Tim Hortons 10 Coca-Cola Borden

## AQUA ADVENTURES

### MARCH BREAK CAMP

Monday, March 16-Friday, March 20

9:00am-4:00pm

Make a SPLASH in this 1 week camp. This camp combines swimming games with traditional camp activities! Children have the opportunity to sample water sports and activities such as snorkeling, water polo and kayaking during their 2 daily swims. Through this combination of fun and challenging aquatic activities children build a strong swimming foundation, increase their strength and endurance, and develop teamwork and communication skills.

Ages 7-10 years

Rsr. Fee: \$160.00

Course Code: 5476



905-775-PLAY(7535)  
[www.bwgleisurecentre.com](http://www.bwgleisurecentre.com)



## BWG Leisure Centre's FAMILY DAY

Learn to Skate, Snorkel, and more!

February 16, 2015  
Family Fun & Activities  
BWG Leisure Centre  
8:00am - 4:00pm

471 West Park Ave.  
Bradford, ON L3K 0J3  
(905) 775-7529  
[www.bwgleisurecentre.com](http://www.bwgleisurecentre.com)



Leisure Skating  
9:40am - 11:20am  
sponsored by...



Leisure Swimming  
1:15pm - 3pm  
sponsored by...



VISIT OUR WEBSITE:  
[www.bwgleisurecentre.com](http://www.bwgleisurecentre.com)

<b>TEMP. HANDBOOK, CLIMATE &amp; FORECAST</b> 100 BRADSTREET EAST, SUITE 2, 1ST FL. PO BOX 100, L3K 0J3 905-775-1000	<b>CONSUMER</b> 100 BRADSTREET EAST, SUITE 2, 1ST FL. PO BOX 100, L3K 0J3 905-775-1000	<b>FINANCIAL</b> 100 BRADSTREET EAST, SUITE 2, 1ST FL. PO BOX 100, L3K 0J3 905-775-1000	<b>FIN. &amp; PERSONAL SERVICES</b> 100 BRADSTREET EAST, SUITE 2, 1ST FL. PO BOX 100, L3K 0J3 905-775-1000	<b>LEISURE CENTRE</b> 471 WEST PARK AVE. L3K 0J3 905-775-7529	<b>LEISURE SERVICES</b> 471 WEST PARK AVE. PO BOX 100, L3K 0J3 905-775-1000	<b>PLANNING &amp; DEVELOPMENT</b> 471 WEST PARK AVE. PO BOX 100, L3K 0J3 905-775-1000
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# THE KETTLEBELL CLUB

BRADFORD'S ORIGINAL AND PREMIER KETTLEBELL FACILITY



## DETOXIFY YOUR CUPBOARDS NUTRITION SEMINAR

Learn what to look for on food labels so you can avoid added sugar and harmful food additives which contribute to weight gain, reduced energy and toxic overload.

**SATURDAY, FEBRUARY 28<sup>TH</sup>**

**1:30 – 3:00 p.m.**

**Cost: \$20**

Contact Julie at 905-716-3663 or  
info@kbclub.ca to register.

**www.kbclub.ca**  
**905-716-3663**

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**www.bradfordcounselling.ca**  
**info@bradfordcounselling.ca**

## Health & Wellness Nutrition, Health and your Diet

By Julie Carrique

There are so many diets and diet plans available on the market today. How do you know which one is the best one to follow? When deciding what diet is best for you, keep the following factors in mind:

**1. Balance** – The best diet is one that is balanced with the appropriate amount of water, carbohydrates, protein and healthy fat. The balance that works well for many people is 40% carbs, 30% protein, 30% fat. This ratio allows the body to use its fat stores for energy while providing enough protein to support the body's lean body mass. You know you have achieved the correct balance of food when you are comfortably full and satisfied at the end of the day and do not experience any cravings.

**2. Quality** – Many ingredients used in the food we eat today are toxic to the body. This makes the liver and kidneys work harder and sets the body up to store fat. Sorting toxins in fat cells is one of the ways the body protects itself.

**3. Timing** – How much time do you leave between meals and/or snacks? Going too long without eating causes blood sugar levels to drop which causes sugar cravings and causes the body to break down muscle and use it for energy, which slows down metabolism.

**4. Digestion** – If you experience gas, belching, bloating, indigestion and heartburn or feel full for hours after eating, your body is not able to completely absorb and utilize all of the nutrients you are consuming. The side effect of a nutrient-deficient body is weight gain (for some people, weight loss).

The Kettlebell Club offers nutrition consulting in combination with kettlebell classes to not only help people achieve their ideal body weight, but to improve the functioning of their digestive system, which strengthens their immune system and improves their overall health.  
*Julie Carrique, is a Registered Holistic Nutritionist, Level 2 Kettlebell Instructor, personal trainer and certified yoga teacher.*

## Is Counselling right for you?

By Naomi Hoffenberg MSW, RSW

In recent years, awareness of the importance of health and wellness has increased. We know that nutrition, environment and physical activity are essential, to lead a healthy life. In addition, we have begun to recognize that mental health plays a key role in wellness.

For many, diet, exercise and a balanced lifestyle are enough to promote emotional well-being. For others, matters of an emotional nature are more complex, and must be addressed through additional work.

Showing vulnerability has been considered "taboo" for many generations. Many of us were taught to cope with emotional distress by ignoring its presence. However, in order to truly get over past hurt and trauma, we need to come face to face with it, and address the effect it has had on our lives. This is the basis of Counselling.

In counselling, people find answers to questions such as:

- "Why do I keep finding myself in the same relationships?"
  - "What can I do to move forward from a loss/separation/divorce?"
  - "What do my spouse/partner and I need to do to save our relationship?"
  - "How can I get my child to listen to me?"
  - "Why do I constantly do things that hurt me – or others?"
- The therapist's job is to ask the right questions, that lead clients to the answers they seek. Through reflective listening and compassion, counselling enables people to re-examine their life stories. The therapist and client collaborate to recognize the inherent worth of the individual and restore hope.

Do you recognize there is a problem in your life? Do you want to address it, but don't know where to start? Do you believe emotional health is a priority? Then consider counselling. Bradford Counselling Service can be reached at 289-831-1880 or [info@bradfordcounselling.ca](mailto:info@bradfordcounselling.ca)

## Walk or Skate for Memories

The Alzheimer Society of Simcoe County is holding its annual Walk/Skate for Memories at Barrie's Henry Community Centre, 171 Markham Road, Barrie on Sunday, February 15 – a fundraiser for the Society's programs and services.

The event begins with Registration, pizza and refreshments at 12:30 p.m., followed by an indoor walk or skate at the Community Centre from 1:30 to 2:15 p.m. Prizes and recognition will be presented after the Walk/Skate.

Register online at [www.walkformemories.ca](http://www.walkformemories.ca) Walkers/Skaters are asked to collect pledges online or in person to support the Alzheimer Society. For more information call 705-722-1066, or [www.alzheimer.ca/simcoe-county](http://www.alzheimer.ca/simcoe-county)



## Health & Wellness

### Introducing Shockwave Therapy

*Body In Balance Physiotherapy would like to introduce Shockwave Therapy...*

Shockwave therapy was introduced over 20 years ago, as a medical treatment for eliminating kidney stones – but it was discovered that areas subjected to Shockwave treatment also experienced bone healing, and accelerated tissue healing.

Shockwave Therapy (SWT) jump-starts the healing process in chronic, non-healing injuries by stimulating the injured tissues, creating increased cellular activity, break-down of calcifications, hyper-stimulation of nerve endings, and the formation of new nerve and blood flow to the area, which assist in tissue regeneration.

SWT uses a pneumatic generator to produce high pressure acoustic waves that are physically delivered to the skin and underlying soft tissues. The device administers a preset number of pulses, or shock waves, at a low

energy level, allowing for anesthesia-free treatment. A typical treatment may last 5 to 10 minutes. There may be some slight discomfort during therapy.

A typical course of SWT usually requires 3 treatment sessions, spaced one week apart for best results – although patients may feel significant improvement of symptoms after only one session. All the same, it is highly recommended that the full course of treatment be completed, for the best results.

SWT can be used to treat plantar fasciitis/heel spurs, lateral-medial epicondylitis, achilles tendonitis, patellar tendonitis, calcific tendonitis, insertional tendonitis, shin splints, iliotibial band syndrome, and trochanteric bursitis.

For more information, contact Body In Balance Physiotherapy, located at 52 Holland St. E., by calling 905-778-9959 or see [bodyinbalancephysio.com](http://bodyinbalancephysio.com)

## CHATS Walk for Wellness gets real



From right, Celebrity Walker Elvis Stojko with Linda and Greg Ind at Upper Canada Mall on Feb. 8, for the first "real", non-virtual Walk for Wellness.

CHATS' (Community & Home Assistance to Seniors) fundraising Walk for Wellness has always been a "virtual" challenge, until now.

This year, Director of Development Tim Jones transformed the Walk for Wellness into a real walk, indoors at Upper Canada Mall in Newmarket on February 8, that would combine fundraising with the positive energy of a group effort – and the opportunity to meet a Celebrity Walker.

The celebrity? Figure skating great, Elvis Stojko, 2-time Olympic Silver medalist.

"When I mentioned this to him, he was right on board," said Jones, who is also an Ambassador for Neighbourhood Network Aurora.

Jones' goal is to raise \$20,000 for CHATS, which provides services and programs that promote Seniors' independence. "Who doesn't want to live at home?" he said,

noting that keeping Seniors in their own homes "with care" can be accomplished at one-third the cost of institutionalization in a hospital or care facility. "It's actually saving money... and meeting a need in the community."

"I think the real Walk was much more enjoyable," said the old Christina Bisanz, CEO of CHATS. She explained that the money raised will go to enhance programs that "help Seniors to live safely in their own homes as long as possible," but also to provide subsidies to cover the costs of some services.

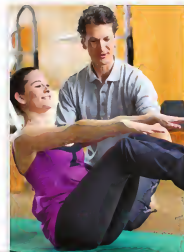
"For some seniors, even a moderate fee is beyond their means," Bisanz said, creating a barrier to engagement. "For some of our seniors, if there's even a modest fee, they can't participate."

For more information on CHATS, its programs and services, and the Walk for Wellness, see [www.chats.on.ca](http://www.chats.on.ca)



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52 Holland St. E. | Bradford | 905-778-9959 | [www.bodyinbalancephysio.com](http://www.bodyinbalancephysio.com)



## Party Hard for Heart - & a challenge to Council

Anytime Fitness, located at 465 Holland St. West, partnered with GNC Live Well to hold "Party Hard for Heart" - a fundraising challenge for the Heart & Stroke Foundation that invited participants to enter a Bench Press competition, Spin Bike races, or Cardio Dance contest. Entry fee was \$5 - with all funds going to Heart & Stroke.

Above, Matthew Demelo spots for Rob Mullins on the bench press. At right, Anytime Fitness manager Ali McDonald (right) presents the prize of a GNC Protein Power gift pack to Nancy Bobala - who won the UK Spin bike sprint, with a time of 56 seconds.

Bobala, a cycling enthusiast, also plans to enter the Town's inaugural "Megathon" for Heart & Stroke, and has signed up for the Spin-a-thon. She is also issuing a challenge to all of Bradford West Gwillimbury Council to come out and enter the Spin-a-thon - to do a 10 minute relay, an hour, or the full three hours.

## BWG Megathon for Heart & Stroke

The inaugural BWG Megathon for Heart & Stroke will be taking place Saturday, February 21, from 9 a.m. to noon at the BWG Leisure Centre.

The Megathon will include a Yoga-thon, Spin-a-thon and Walk-a-thon. Register in advance online at [www.4iforheart.ca](http://www.4iforheart.ca). Minimum entry fee of \$20 will buy two 30-minute blocks of time - or pay \$25 at the door, if there is space. Each additional hour will cost \$10. Childminding will be available for participants, from 8:45 a.m. to noon.

The goal is to raise \$1500 for the Heart & Stroke Foundation, to support its vital life-saving research and education programs. If embraced by the community, the BWG Megathon could become an annual event! For more information, contact Stephanie Uren, Fitness Supervisor, at 905-775-7529 ext. 8601 or email [suren@townofbwg.com](mailto:suren@townofbwg.com)

## Getting Fit for Heart



Above, Zumba at the Citywide Fitness Challenge, February 7 at the Magna Centre in Newmarket. Below, Matthew and Michelle Waddington share Alex's story.

The Citywide Fitness Challenge saw 35-40 participants get active at the Magna Centre in Newmarket on Saturday, raising money for the Heart & Stroke Foundation - and embracing a healthy, active lifestyle. Instructors with Ananda Yoga (Newmarket), L.A. Fitness, Rock Your Booty and the Town of Newmarket led sessions in Zumba, Bootcamp, Sports Cardio and Yoga, during the 3-hour Challenge.

This year, the Heart & Stroke Foundation campaign focuses on improved survival rates for victims of stroke, heart disease and sudden cardiac arrest - and the importance of exercise in speeding recovery and maintaining a healthy lifestyle.

"In the last 7 years, we have raised over \$27,000" through the Challenge, said Heart & Stroke Foundation York North area coordinator, Julia Holt. "You are helping to create more survivors!"

Guest speakers were Michelle and Matthew Waddington, sharing a story of survival: their son Alex, now 5, was born with a "rare and severe heart defect."

Because of his condition, Alex's heart "behave like half a heart," said Matthew. Within 2 days of his birth, Alex was rushed to Sick Kids hospital in Toronto by ambulance - "his first emergency ambulance ride." He had

his first open heart surgery at the age of 5 months, and 2 more since then.

"There were some very scary moments," said his dad, Alex's condition "can't be fixed. All of the surgeries are palliative... He will eventually need a transplant," said his mom. With no history of congenital heart disease in the family, the defect "just happened."

Her message to the participants at the Challenge: if they were "lucky enough to be born with a healthy heart," they should take care of it. Doctors used to believe that kids with heart conditions should take it easy, and avoid exercise. "We now know that being sedentary is even more dangerous," Matthew said, adding, "We have a new perspective on life. We're witness to a miracle every day. It's about creating survivors and bringing people home."

"They thanked the Heart & Stroke Foundation for supporting the research that made that possible. Holt had another message. "People think that heart and stroke is just an older, white male disease." As Alex's story shows, "it can happen to anybody, at any time... That's what we're working on - to get that message out."

For more information, see [www.4iforheart.ca](http://www.4iforheart.ca) or contact Julia Holt at [jholt@hsf.on.ca](mailto:jholt@hsf.on.ca)

## A Valentine Gala at Shoppers

Asked about the hottest new fragrances, Cosmetics Manager at Shoppers Drug Mart Kim Constantino says there are 3 brands in high demand - Hugo, DKNY, and Giorgio Armani. Drop in for sniff... The local Shoppers is hosting an in-store Gala on Valentine's Day, Saturday, February 14 from 11 a.m. to 5 p.m. - featuring make-up makeovers, tips, lot bags, refreshments and prizes. Drop in to the store at 140 Holland St. West to sign up. Free!



Upper Canada Mall in Newmarket has rounded up love's "Most Kissable Reds" - fabulous new shades of lipstick, from companies like MAC - and invites shoppers to participate in the Sealed With A Kiss (SWAK) campaign for Heart. From February 1 to 14, apply a fabulous shade of red lipstick, then kiss your hand, a friend, a mug - anything - take a photo of your SWAK print, and post it to Twitter or Instagram, tagged as #SWAKforHeart. Upper Canada Mall will make a donation to the Heart and Stroke Foundation for each "kiss mark" posted to social media and tagged #SWAKforHeart, for the first 1,000 kisses.

Note: The Mall is open on Family Day, from 11 a.m. to 6 p.m. Drop by for a free family portrait session, against a fun themed backdrop at Centre Court!

## Food, Music & Love

The Blue Bridge Festival Choir is hosting a Moving Feast in Newmarket on Valentine's Day, February 14 - a combination of musical performances and fine dining that starts with appetizers at *Governates Tea & Coffee House* at 4:30 p.m., Surf & Turf at *Just Brunch* at 5:30 p.m., and ends with home-baked desserts at *Ta's Books & Things*, at 7 p.m. Performances by musicians, Blue Bridge Academy soloists and poets will entertain.

The Grand Finale is a Concert by the Blue Bridge Festival Choir

see COMEST Page 23



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Stephen Chu

B.A. (Hons.), M.D. (Ch)  
Chiropractic Foot Specialist



# Hearts, Flowers & Valentines

## The best, and the worst

By Lindsay Bray, Intern

Valentine's Day is just hours away... Still wondering what to get your Valentine? The people at *gettoppers.com* have made a list of the best gifts:

- 1. Chocolates.** A classic Valentine's gift, making for a 'sweet' day for your sweetheart. And chocolate—transformed into truffles, hand-made personalized treats, boxes of candy—contains chemicals that create a sense of well-being.
- 2. Perfume.** Perfume is a lovely gift, especially since scent is a trigger for memory. Just know your partner's preferences first—and make sure they don't have allergies.
- 3. Stuffed animals.** Thinking of "cute"? Stuffed animals can make a sweet gift for the young and the young at heart. Valentine Bears, holding a heart that says *I Love You*, are always popular.
- 4. Jewellery.** Not costume jewellery, but the real thing—pearls for purity, diamonds for eternity. Attention, guys: this might be the time to get "that ring" and pop the question.
- 5. Gift certificates and baskets.** Why not give the gift of a spa package, for men or women? A massage, facial, pedicure and manicure provide pampering and a nice break from winter. Focus on your partner's favourite activities and interests.
- 6. Flowers.** Flowers are probably the #1 Valentine's Day gift—and if you speak the "language of the flowers",

can be thoughtful as well as beautiful. Probably the most popular flower for Valentine's Day is the rose. Red roses literally mean "love," whether as a single bloom or a whole bouquet.

There are some really, really bad Valentine's Day gifts out there—really—but these, chosen with input from *www.ewhow.com*, take the cake.

- 1. Fake flowers.** Flowers that last forever might seem like a good idea. Not on Valentine's Day; fake is just not romantic. Unless you give her 11 real roses and one artificial bloom, and say, "I will love you till the last rose dies." That's the only time fake works.
- 2. Gas station gifts.** Getting anything from a gas station is a bad idea. Your partner might think you are cheap.
- 3.** It's also a pretty obvious sign that you simply forgot about Valentine's Day, and picked something up on the way home.
- 4. A bag of mints.** If you give your partner this, they will definitely think you are trying to tell them you had bad breath, and will be offended. Also, see above.
- 4. My personal favourite: an oil change.** While it is an intelligent gift—sort of—it just doesn't work on Valentine's Day. Your sweetheart wants a romantic gift, from the heart, that you picked out especially for her. Not for her car.
- 5. Nothing.**
- 6. A vacuum cleaner.** 'Nuff said.

## Dancing with your Valentine

Trinity Anglican Church is hosting a Valentine's Day Dance on Saturday, February 14, featuring the band, *The Cruisers*. At the Bradford Community Centre; doors open at 7:30 p.m. The evening will include great Door and Spot prizes, a Light Buffet at 10 p.m., and a fabulous Silent Auction table. Tickets for a great evening are \$20 per person, available at 905-775-3134.

The Portuguese Cultural Centre

of Bradford, 767 Simcoe Road, and Our Lady of Fatima Committee host a Valentine's Dinner & Dance on Saturday, February 14. Doors open at 6 p.m.; dinner at 7 p.m.—then dance the night away with live band, *Santa Fe*. Tickets are \$25 adults, \$12 for children ages 7 to 12 for members—\$30 adults, \$15 children for non-members. Please contact Tina 905-775-4291, Paula 289-221-3278, Sara 905-775-4825 or Jean, 905-716-4723.

Councillor Peter Dykile Jr., owner of Bradford Jewellery & Gems, was inspired by Port Perry's FebFest—and hired "Rob the Ice Guy" to create the perfect ice sculpture in front of his store at 5 Holland St. East: Valentines! The sculpture on the left contains his sign, embedded in the ice.



## HOW DO I love thee?

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# Focus on Business



Submitted photo

Jenna Wicken accepts a donation to The Hub Youth Drop In Centre from new "Keyholder" Doreen Johnston, Isagenix Rep - unlocking the potential in Youth.

## New Keyholder for the Hub

CrossTrainers operates The Hub Youth Drop In Centre, offering a safe place for youth to gather, work on their homework and build social ties, in a warm and supportive environment - and launched the Keyholder Program to provide a stable basis of funding for its youth programs. Keyholders commit to a \$100 per month donation for a full year - a total of \$1200 - to support The Hub, its programs and its philosophy.

Doreen Johnston, of Isagenix, is the latest keyholder. "I am so impressed with the amazing work that CrossTrainers provide to the Bradford Community," Johnston says. "A youth drop-in centre, a place to connect for women, a drop-in program at the public high school, and even a clothing room to supplement the needs of families... All of their amazing work serves to provide better 'health' to Bradford people who need a helping hand or a safe place to be."

Johnston has been a resident of Bradford for more than 20 years. She is a distributor for Isagenix health and nutrition supplements - another way of bringing health to the community.

"It is tough to get good nutrition - nutrition that our body needs and craves - from regular supermarket or fast food, due to preservatives, sugars, dyes, steroids, carbonization, herbicides and pesticides," she says. "Lack of nutrition can explain why we feel hungry even when we just ate not too long ago, why we have no energy, don't get good sleep, why we get sick too often."

Isagenix, she says, "does an amazing job of filling the gap... It is absolutely amazing how well the body can perform when it gets the vitamins, minerals and nutrition that it needs and has been craving."

Isagenix products address weight loss, nutrition, and nutritional cleansing "using the highest quality and most effective all-natural, non-GMO ingredients sourced from around the world."

For more on Isagenix, contact Doreen Johnston, 905-392-9920. For more information on CrossTrainers, the Hub, and the Keyholder program, see [ctministries.ca](http://ctministries.ca)

## Devilishly good! St. Louis Bar & Grill opens



Story and photos by Miriam King, Bradford Times

Cutting the ribbon at St. Louis Bar & Grill in Bradford, February 7 - holding the ribbon, from right, Rob Stewart - VP of Operations, MPP for York-Simcoe Julia Munro, franchise owner Barry Poulton, Bradford West Gwillimbury Mayor Rob Keffner, Councillor Gary Lamb, Councillor Raj Sandhu and daughter, and Councillor Marc Contois. In background are members of the Board of Trade, supporters, and Councillors Gary Baynes and Peter Ferragine. Below, Barry Poulton with Bradford photos.

St. Louis Bar & Grill actually has no ties with St. Louis, Missouri - home of jazz, BBQ and Anheuser Busch Budweiser beer.

It is, in fact, 100% Canadian - started up by Sudbury, Ontario native Brent Poulton in 2002.

The chain now has 44 franchise outlets - including

a brand-new restaurant in Bradford, which opened its doors on February 7 - that specialize in chicken wings and ribs, served up in a setting with neighbourhood pub ambience.

The new restaurant is owned by Barry Poulton - brother of the founder, who not only works for head offices, overseeing construction and franchise ownership, but has invested in his own St. Louis Bar & Grills. Barry Poulton already owns 2 of the restaurants in Barrie; Bradford is his third; and he has plans to build a 4th, also in Barrie.

It was on his commute from Barrie to Toronto that he began to notice the growth taking place in Bradford West Gwillimbury.

"I was keeping a pretty close eye on Bradford. Bradford's obviously a growing, thriving community," he says. "I had the opportunity to see Bradford growing as a community, and as a market for my business."

The local franchise has hired approximately 40 staff for the restaurant, located at 541 Holland St. West. It has also

departed slightly from the standard St. Louis Bar & Grill look, by installing two "Bradford" sports photo montages, featuring the likes of the 1945 Clegary Kings hockey team, Norm Collings - who played a single NHL game in the 1934-5 season for the Montreal Canadiens and scored an Assist - and today's Bradford Rattlers and Bulls. "From

yesteryear to the most current."

On hand for the ribbon-cutting on Saturday were York-Simcoe MPP Julia Munro, BWC Mayor Rob Keffner and several members of Council, who welcomed the restaurant chain to Town.

"It's a great location. A lot of people will see it, appreciate it, and come and enjoy," said Mayor Keffner.

The Bradford St. Louis Bar & Grill held a "test run" for the opening, on the Friday afternoon - offering free meals with a reservation and a donation to the Shining

Through Centre for Children with Autism. The fundraiser, designed to allow kitchen and serving staff to get accustomed to their new space, raised \$1,537 for charity.

St. Louis Bar & Grill has seating for approximately 98 indoors - but also has a large patio space, which should be popular when the fine weather returns. For information, drop by 541 Holland St. West, Unit S1.



## RRSP Deadline approaching

March 2 is the deadline for contributions to Registered Retirement Savings Plans. Have you made your contribution yet? Thinking about a TFSA?

Check out the Bradford Times' Financial Section, next week.

## Bradford Board of Trade Town & Country Living

The Bradford Board of Trade's 3rd annual Town & Country Living Show will be taking place on Saturday, April 25 - one day only - at the Bradford Community Centre, 125 Simcoe Rd., from 9 a.m. to 5 p.m. Booths (10 x 10) are \$200 for members in good standing, \$300 for non-members. For information, see [www.bradfordboardoftrade.com](http://www.bradfordboardoftrade.com). Admission to the annual show is free. This year, there will be a Fine Arts Show, upstairs at the Centre.



# AgKnowledge... Making 'local' accessible

The annual AgKnowledge Forum, hosted by the Christian Farmers' Federation of Ontario, Simcoe County Federation of Agriculture, and Holland Marsh Growers Association in partnership with Nottawasaga Futures, provides a forum for the discussion of current issues in the Agri-Food sector.

This year's topics included "Making 'Local' Accessible," and "Value-Added Processing" - looking at ways to improve access to local food for consumers and to local markets for producers, and to overcome the barriers facing agriculture as it attempts to keep pace with today's competitive markets.

The proposed Regional Food Distribution Hub in Simcoe County is one tool that has been proposed to improve local access. John Hemsted, Chair of the Food Partners Alliance of Simcoe County and the Food Distribution Hub Steering Committee, provided a summary and update of the feasibility study undertaken in 2013, for a new Food Hub north of Toronto.

The study had its roots in a 2010-11 survey by the Alliance, that identified the need for a National Food Policy, and asked the question, "How do we get local food into institutions, including government offices, hospitals and colleges?" It led to the 2012 Food & Agriculture Charter for Simcoe County, which in turn highlighted the need for access to healthy, locally-produced food, and for support for the long-term economic prosperity of farms and food businesses.

It also identified a gap in the current system, between local producers and local distributors/consumers.

The Food Distribution Hub was proposed as a solution, connecting "multiple producers" with "multiple buyers," that could "enhance economic and community development in the County," Hemsted said.

It would open markets, and also meet consumer needs and trends. "We want to be healthy and well, because we're going to live longer. We want convenience. We want value for money," Hemsted said.

But the proposal is stalled: without further research and background information, including an agri-food inventory, it's hard to provide details of how a hub might operate, where it could be located, and what it would cost.

There is a need to identify a "Champion" - an individual or organization that could make the Food Hub a targeted project, Hemsted said - and a need for "more data. We can't do more information."

The steering committee has also run up against the attitude of some producers, who ask: "What's in it for me?" Marsh grower Jason Verkaik, describing himself as playing the role of "devil's advocate," questioned the rationale for a second Food Hub. "Do we really need it?"

He was answered by Ted Van den Hurk of the CFFO, who noted that a County Food Distribution Hub would not only reduce travel times for northern producers and improve access to local food, it would strengthen the distribution system. "Is it broke? No. Is there an opportunity? There are certain opportunities," Van den Hurk said.

Steve van der Meulen, Chair of Agriculture & Food and then-Chair of Food & Beverage Ontario, suggested that a Simcoe County Food Hub could be part of a bigger picture, a province-wide network, "the Ontario Store, where we could go, we could buy fresh, we could buy value-added." But for that to be successful, Peters said, other barriers to success need to be addressed.

The common perception is that "the economy of this province drives on four wheels (a reference to the automotive sector)..." There's a really important engine, and that's the Food and Beverage sector," Peters said.

Agri-Food in Ontario is a \$39 billion per year industry, generating at least \$7 billion in exports, and producing over 250 products.

"We are the most diverse agricultural province in this Country," Peters said, enjoying a favourable climate, strong farm associations, a good location relative to

transportation, and a world-renowned reputation for safety and quality. "All the right ingredients in this province. We just don't have the right recipe."

The problems include the high cost of utilities - "I hear about it every day. We need to see a competitive industrial rate" - a land use planning system that values housing development over food production; red tape and a hostile taxation system targeting the very value-added activities that farmers are being encouraged to embrace.

"Sixty-five percent of everything grown and produced in this province has value added to it," Peters said. Yet MPAC, Ontario's Municipal Property Assessment Corporation, has made it difficult for producers, with some of its recent decisions - deciding that maple syrup production, rather than being a cultural and heritage use of traditional farm woodlots, should be assessed as an industry, and more recently, that farm corn driers are an industrial use, rather than a necessary adjunct of farming.

The province has just been dealing with its on-one-offs," said Peters. "We need the province to work on a comprehensive policy," if Ontario agriculture is to remain competitive, and move beyond production to value-added processing.

"The lack of research and development dollars, the red tape and regulatory challenge, the high costs of inputs have all resulted in a loss of the province's processing capacity, as more agri-businesses close or move stateside - like the Heinz Ketchup plant in Leamington, and Quality Meats in Toronto. At the same time, there are additional pressures on both distributors and producers, resulting from the consolidation of the grocery chains. There are only 3 chains left, which account for 90% of the market; as a result, "the tightest margins are in the food and beverage sector."

There are signs of change. The provincial government has provided additional funding to finance innovation, including a new \$40 million Jobs & Prosperity Fund, Peters said - but it's a far cry from the bail-outs offered to the automotive industry. "Governments don't think twice about cutting a cheque for \$800 million, to save jobs in the auto sector."

He called for a "grassroots swell" and pressure on the Provincial government to change the rules, and make it easier, not harder, for farmers pursue value-added initiatives, new opportunities and new technologies.

It was a recommendation echoed by King Councillor Aiva Eek. "When you have the opportunity to go to meetings where your voice will be heard, go to those meetings," she told the farmers in the audience at the AgKnowledge Forum. "Farmers need to have the value-added component to their farm deal with."

MPP Julia Munro was present at the meeting, and thanked the organizers for their efforts to inform and educate, demonstrating the connection between farm and food.

"Too often things become so difficult to understand, so difficult to put pieces together of a complex problem...For all those people who think (food) just appears on a grocery shelf, we need to do a better job."

Photo: BWW Mayor Bob Kiefer, and West Tecumseh Councillor Donna Jebb, at the AgKnowledge Forum, Jan. 29.

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## Planting with the LSRCA

The snow may still be on the ground - with more in the forecast - but spring is on the way, and the Lake Simcoe Region Conservation Authority is already planning its spring tree-planting program.

"Because we buy trees in bulk for our own planting programs, we can offer a limited supply to the public at good prices. We're targeting people with large parcels of land that want to buy at least 100 seedlings," says Phil Davies, Manager of Watershed Stewardship.

The LSRCA also has the capacity, equipment and expertise to help landowners who want to buy and plant at least 100 trees. Staff can help in developing a planting schedule, and advising of the grant programs that are available. Last year, the LSRCA planted 57,200 native trees.

If you have a large piece of land and wish to reforest, contact LSRCA Forest technician Paul Cottenden, 905-885-1281 ext.245 for information or a free, no-obligation site visit. To order seedlings online (White Pine, Tamarack, White Cedar, etc.) visit [www.lsrca.on.ca](http://www.lsrca.on.ca) Seedlings cost from 58c to 70c cents each and handling.

## Canada Blooms!

Canada Blooms, Canada's largest indoor flower and garden festival will be taking place at the Direct Energy Centre at Exhibition Place in Toronto, March 13 to 22 - co-locating with the National Home Show.

Escape from winter into Canada Blooms' fantasy gardens - get expert advice from landscapers, florists and gardeners - be inspired by the feature gardens and creative floral displays.

Canada Blooms coincides with March Break this year, and there will be all kinds of activities for kids, including an opportunity to take home their own vegetables and flowers, to start their own gardens in the spring.

Learn more about edible landscapes, incorporating exercise elements like natural climbing walls into the garden, and attend a wide choice of seminars, offered by experts and celebrities including The Pod Stars from National Geographic, and TV's Frankie Flowers.

For information and tickets, see [canadablooms.com](http://canadablooms.com)

## Ask Dr. Michelle....



Holland Street Veterinary Services in the West Park Plaza

### Is pet insurance worthwhile?

A lot of my clients ask me this question and the answer is "it depends". Mostly, on whether or not you have the means to pay for unexpected vet bills.

A veterinarian's job is to diagnose and treat but treatment is impossible without a diagnosis. Our pets are family and how fortunate we are that veterinary health care now mirrors human healthcare. Unfortunately, that level of care can come with a hefty price tag. Even the most preliminary tests (bloodwork and radiographs) often cost several hundred dollars. Expenses are transferred to us, as pet guardians.

Low to mid-range expenses for emergency or chronic illness treatment will run between \$500 and \$2,500. High end expenses can range upwards of \$5,000, \$10,000 and even over \$50,000.

People will often say they would spend any amount of money to save their pet, however, when it matters most and they are faced with an illness or injury, this isn't always possible. Pet insurance offers peace of mind and mitigates the economic impact of unexpected veterinary bills. When one has insurance, a decision can be made not on the price tag alone, but with the patient's best interest in mind (thus allowing for a diagnosis and appropriate treatment to be sought). This makes any pet so much easier as it is truly heart-breaking to see a patient I might otherwise have been able to help suffer needlessly.

If you are considering insurance, get several quotes, look into it when your pet is young and healthy and make sure you understand your policy (i.e., premiums, deductible, max coverage, yearly cap, conditions, pre-litigation, co-pay and exclusions). Look for a policy that covers emergencies, chronic disease, sudden illnesses, cancer, conditions common to your pet's breed, as well as hereditary or congenital diseases.

905-775-4787 [www.hollandstreetvet.com](http://www.hollandstreetvet.com)

## community listings

## MEETINGS

**AL-ANON:** Meets Wednesdays, 8 p.m. Holy Martyrs of Japan Church basement, 167 Essa St. in Bradford. For information, www.al-anon.alteanet.org, wso.al-anon.org or call 1-888-4AL-ANON.

**SPEAK FOR SUCCESS TOASTMASTERS:** Toastmasters meet on the 2nd, 4th and 5th Tues. of each month

upstairs at the new BWG Leisure Centre, 7.9 p.m. For information, see www.speakforsuccess.org All welcome.

**HELP FOR IMMIGRANTS:** Bradford Immigrant & Community Services (BICS) located at 11 Holland St. East offers English Language Classes for Newcomers to Canada, Settlement Assistance, Parenting Workshops, Translation and Interpretation services, Information and

referral, advocacy and more. 905-775-3343 or see www.bradfordimmigrant.com

**BWG COMMUNITY MEAL:** BWG Community Initiatives hosts a hot meal at 5:30 p.m. every Friday evening at Bradford United Church, 66 Barrie St. in Bradford. All welcome - doors open at 5 p.m. Free.

**WRITERS' CIRCLE:** BWG Writers' Circle now meets 7-9 p.m. on the 3rd Tues. of the month, at the New Bradford Library, 425 Holland St. W. All Writers welcomed.

**CAREGIVER SUPPORT GROUP:** Meets at CHATS (Community & Home Assistance to Seniors), 448 Holland St. West in Bradford, on the 1st and 3rd Thursday of the month, at 10 a.m. An opportunity to get out, meet other caregivers, share stories and strategies, and find new ways to cope. Free, but registration by calling Marie Boudreau, 677-9048 ext. 6225 or email Mferance@chats.on.ca

## THURS., FEB. 12

**MIND-BODY-SPIRIT AT THE LIBRARY:** A free seminar at the Bradford Public Library, 425 Holland St. West, from 7 to 8:30 p.m. in the Zima Room. Given Cottingham of Simply for Life presents, "Winterize Your Body With Food - using nutrition to fight off colds, infections and viruses, winterize and energize. Free - drop in.

**THORNTON LIDE TYME FIDDLE DANCE:** Upstairs at the Thornton Arms, on County Rd. 37, 7 p.m. Everyone welcome.

## SAT., FEB. 14

**HOCKEY DAY IN BWG:** At Bud Brown Memorial Park in Bond Head, and the Bond Head Community Hall, 8 a.m. to 2 p.m., Bond Head Lions' Pancake Breakfast starts at 8 a.m., Pond Hockey Tourney for Tyke and Novice teams begins at 8:30 a.m., airbrush tattoos and entertainment in the Bond Head Hall starting at 9 a.m. - and a BBQ lunch at 11 a.m. All welcome to come out and watch. Also, free Masoni(Ch).P. Child ID program will be offered in the hall, at 10 a.m.

**BARRIE-ALLANDE MODEL TRAIN SHOW:** At Bradford Greenhouses Garden Gallery in Barrie, at the junction of Hwy 90 and 27, Saturday, February 14 from 10 a.m. to 5

p.m., and Sunday, Feb. 15 from 10 a.m. to 4 p.m. Admission \$7 adults, \$5 Srs. and Students, free for kids under 6. See vendors, model trains, working layouts and displays at the 45th Annual Model Train Show.

**VALENTINE'S DAY DANCE:** Trinity Anglican Church presents a Dance featuring the live band, The Cruisers - at the Bradford Community Centre, 125 Simcoe Road, 7:30 p.m. Tickets are \$20 per person. Will include Door and Spot Prizes, a Light Buffet at 10 p.m., and a fabulous Silent Auction table. For tickets call 905-775-3134.

**BRADFORD CURLING CLUB FAMILY DAY OPEN HOUSE:** Families are invited to drop by the Curling Club at 125 Simcoe Rd., from 10 a.m. to 4 p.m. for an introduction to curling, a great sport of curling. All are welcome to try curling, a clean pair of shoes to wear on the ice. Free refreshments and snacks will be available.

**VALENTINE'S DINNER & DANCE AT THE PORTUGUESE CULTURAL CENTRE:** A family event doors open at 6 p.m., Roast Pork dinner served at 7 p.m., followed by dancing to the band, Santa Fe. \$25 adults, \$12 kids for members; \$30 adults, \$15 kids for non-members. Tickets 289-221-3278, Sara 905-775-4825 or Jean 905-766-4723. The PCOB is located at 767 Simcoe Rd., Bradford.

## SUN., FEB. 15

**KIDS COOKING CLASS AT SIMPLY FOR LIFE:** Kids will try out great recipes, on a Hockey Party Theme. 12 p.m. at Simply for Life, 157 Holland St. East, \$10 per family (max 3 kids). RSVP to 905-778-9998 or Facebook.

## MON., FEB. 16

**TECUMSETH & WEST GILLIMBURY HISTORICAL SOCIETY MEETS:** 7:30 p.m. at the Tec-Wes-Civil Women's Institute Hall in Newton Robinson, 10th Line BWG and County Rd. 27. Guest speaker Ellen Miller, Assistant Archivist at the Simcoe County Museum, will demonstrate how to organize and preserve family records, papers and photos. All welcome. For information contact June at 905-775-7444. Social Hour to follow.

**FAMILY FUN DAY AT CAN-**

**CON CREEK:** Friends of Scanlon Creek host the Annual Family Day event at the Conservation Area, located off the 9th Line BWG just west of Bradford. Kick-sledding, guided nature hikes, scavenger hunt, games, bonfire, indoor crafts, starting at 10 a.m. No registration required. Admission is \$10 per vehicle - free, with an annual pass to Scanlon Creek.

**FAMILY DAY AT TIFFIN CENTRE:** Tiffin Centre for Conservation, 8195 - 9th Line of Essa Twp., invites families to enjoy skating on the pond (bring your skates), snowshoeing, kick-sledding, a Scavenger Hunt, and crafts. 10 a.m. to 3 p.m.

**FAMILY DAY AT THE BWG LEISURE CENTRE:** The Leisure Centre, 471 West Park Ave. in Bradford, will be open from 8 a.m. to 4 p.m. with family ice skating, sponsored by RBC Financial from 9:40 a.m. to 11:20 a.m. Parent & Toddler Time in the gym 9:15 a.m. - 11 a.m.; Open Gym 11 a.m. - 4 p.m.; Aquatic centre open 10 a.m. - 1 p.m. and the following swimming 1:15 p.m. to 3 p.m. sponsored by Bradford Orthodontics!

**FAMILY DAY AT THE SIMCOE COUNTY MUSEUM:** From 9 a.m. to 4:30 p.m. at the Museum, 1151 Hwy. 26 north of Barrie - regular Museum Admission rates. Snowhoe Challenge on an Orienteering Course begins at 10 a.m., play Snowsakes 9 a.m. to noon, and enter Sliding Through the Ages Toboggan Competition, 1:15 p.m. Lunch and refreshments available.

**FAMILY DAY GAMES DAY AT THE KNOCK SCHOOLHOUSE:** The Innisfil Historical Society invites everyone to the Knock School House Heritage Site, 10 Sideroad and 9th Line of Innisfil, from 1 to 4 p.m., to play old-fashioned games. Free!

## TUES., FEB. 17

**PANCAKE SUPPER:** At St. Peter's Anglican Church, 6254 Yorkline St. in Church Hill, Innisfil, from 5 to 7 p.m. Everyone is welcome to a Pancake and Sausage Supper, with coffee, tea and dessert - by Goodwill Offering!

**ALZHEIMER SUPPORT GROUP MEETS:** At CHATS, 448 Holland St. West (Hakim Plaza) Support group connects friends and family caring for persons with Alzheimer's or related dementias, to share

coping strategies in a safe place. 10 a.m. For more information, call 705-722-1066.

## WEDS., FEB. 18

**BRADFORD PROBUS CLUB 11 MEETS:** Social Club for retired and semi-retired Professional and Business people, meets 10 a.m. to 12 at St. John's Presbyterian Church, 10 SR & 8th Line BWG. Speaker Janet Wierenga will talk about Habitat for Humanity in Malawi. Coffee, tea and treats available. New members welcomed. For info, contact Jill Sanderson, 705-290-0099 or Joanne MacLeod, 905-551-0942.

## Standard First Aid classes offered

Want to learn First Aid? Standard First Aid Courses are being offered by Simple First Aid (a partner of the Canadian Red Cross) at Bradford Alliance Church, 758 Simcoe Rd., on the following dates:  
Saturday and Sunday, February 14 & 15  
Wednesday and Thursday, February 25 & 26  
To register or for more information, contact Instructor/Trainer Janet Horlings at 905-775-8024 or [anishahorlings@rogers.com](mailto:anishahorlings@rogers.com)

## CPR in Innisfil

Simcoe County Paramedics offer Save-A-Life CPR and AED training at the Innisfil YMCA on Sunday, Feb. 22 from 9 a.m. to 12 p.m. The life-saving course is free, but participants must pre-register at [cpr.simcoe.ca](http://cpr.simcoe.ca) or 1-800-263-3199. The Y is located in the Innisfil Recreation Complex, Yonge St. and Innisfil Beach Rd.

## Blood Donor Clinic

There will be a Canadian Blood Services Blood Donor Clinic on Wednesday, February 24, from 3:30 to 7:30 p.m. at St. John's Presbyterian Church in Bradford, 2940 Sideroad 10. Please book an appointment to donate, online at [www.blood.ca](http://www.blood.ca) or call 1-888-2-DONATE - and save a life.



<b>Springdale Christian Reformed Church</b> 1466 Sideroad #5, Bradford. 905-775-3731 Sunday 10:00 a.m., 5:00 p.m. Pastor Paul VanStrien <a href="http://www.springdaleccr.net">www.springdaleccr.net</a>	<b>Holy Trinity Lutheran Church</b> 53 Miller Peak Ave., Bradford 905-775-9412 Sunday Service: 10:00 a.m.
<b>Bond Head United Church</b> Hwy. 88 east of Hwy. 27 Service 10:30 a.m. Sunday School Available 905-775-2512 <a href="http://bondheadunitedchurch.ca">bondheadunitedchurch.ca</a>	<b>Holy Martyrs of Japan Catholic Church</b> 167 Essa St. Bradford 905-775-2065 Masses Sun. 8:00 p.m., Sun. 8:30 a.m., 10 a.m., 11:30 a.m., 6:30 p.m. Confessions 1/2 hour before Sunday Mass.
<b>Trinity Anglican Church</b> 62 Church St., Bradford (Corner of Church & Janes St.) Sunday Service 10 a.m. Sunday School Available 905-775-2200 <a href="http://trinityanglicanchurchbradford.com">trinityanglicanchurchbradford.com</a>	<b>Bradford United Church</b> 66 Barrie St., 905-775-7288 Service - 10 a.m. Sunday School Available <a href="http://www.bradfordunited.com">www.bradfordunited.com</a>
<b>St. John's Presbyterian</b> 2940 - 10th Sideroad (8th Line & Middleton St) 905-775-7274 Sunday Service 11:00 a.m. Sunday School and Nursery provided. <a href="http://stjohnsprsbyterian.ca">stjohnsprsbyterian.ca</a>	<b>The Baha' World Faith</b> 905-551-2219 <a href="http://www.Baha'Org">www.Baha'Org</a>
<b>St. Michael's Ukrainian Orthodox Church</b> 721 Simcoe St. Bradford Bilingual Services Liturgy Sunday & Feast Days 10:00 am Priest 905-775-0105	<b>Bradford Community Church</b> Mid-week small group 905-775-8096, located on the S.E. corner of Hwy #11 & Conc. #9 Sunday Worship: 10:30 a.m. Nursery - Birth to 3 yrs. Children 4-12 yrs
<b>Holland Marsh Christian Reformed Church</b> 18935 Outhorn St., R.R. #2 Newmarket Sundays 10:00 am & 6:00 pm Sunday School & Nursery with service Mid-week youth & adult programs Rev. Richard Brown 905-775-7291 <a href="http://E.hollandmarshcrt.org">E.hollandmarshcrt.org</a>	<b>Riverview Bible Chapel</b> 905-836-1798 #20246 Bathurst (North of Hwy 11) 10 a.m. - Family Bible Hour 1:00 pm - Amen Service 7:30 pm Wed. - Prayer - Bible Study
<b>Greater Life Community Church</b> The Church in the Library 425 Holland St. W., Bradford Christian Education: 10:30 am Morning Worship: 10:00 am (847) 718-7849 <a href="http://www.greaterlifecolnline.com">www.greaterlifecolnline.com</a>	



## Take a Polar Bear Dip in Innisfil!



Innisfil Community Events Corporation (I.C.E. Corp.) hosts its **2015 Polar Bear Dip** on Saturday, February 21 at Innisfil Beach Park on Lake Simcoe, with the plunge starting at 1:30 p.m., at the south beach.

Registration forms are available for download at [www.icccorp.org](http://www.icccorp.org), or contact Doug Loughheed at 705-623-6296 for more information. Forms are also available at Rod's Esso in Alcona, C.W. Coops Wings Ribs & Things in Alcona, and Peoples Credit Union/PAGE in Alcona and Stroud. There will be free draws, and prizes for Best Costume, and Most Sponsors.

Participants are asked to pay at least \$25 to register; this year, the funds raised will go towards the purchase of accessible swings, to be installed in Town of Innisfil parks for mobility-challenged children.

The day also includes a **Winterfest Pancake Breakfast** at the Innisfil Lions Hall on Innisfil Beach Rd. in Alcona, from 8 to noon – Breakfast is \$5; \$3 for kids under 13 and Seniors; seconds are \$2 a plate; everyone is welcome to drop in – and the Lake Simcoe Conservation Foundation's 4th annual "Freezin' for a Reason" Polar Bear Dip.

I.C.E. Corp. and the LSCF will share the same hole in the ice, the same freighter support, and the same frigid waters of Lake Simcoe, but the Foundation is raising money for restoration, protection and educational programs and projects of the Lake Simcoe Region Conservation Authority. For more information, or to sign up, see [www.lakesimcoefoundation.ca/event/4th-annual-freezin-for-a-reason-polar-dip/](http://www.lakesimcoefoundation.ca/event/4th-annual-freezin-for-a-reason-polar-dip/)

The Conservation Foundation asks dippers to raise a minimum of \$200 each – \$150, if part of a group – and sign a waiver (available online).

Note: Weather-permitting, there will be a parachute demonstration by members of Skydive Toronto Inc., just before the Dip.

## Ice Fishing Derbies... Fishing for Tyler

Lefroy Volunteer Firefighters host their annual **Perch Ice Fishing Derby** this weekend, February 15, with weigh-in from 12 to 6 p.m. at the Lefroy-Belle Ewart Legion hall, 1017 Robinson St. in Belle Ewart, Innisfil.

Tickets are \$15 per person, for the chance to win cash and door prizes. Big fish weigh \$300, 2nd place takes \$200, 3rd place – \$100. There is a "Kids Under 12" Division. Prizes will be presented at 7 p.m. at the Legion. Tickets are available at the Lefroy Sunoco, 1258 Killarney Beach Rd., or call 705-333-0865. Note: This is Free Family Fishing weekend – no fishing licence required!

The **11th Annual Fishing for Tyler Ice Fishing Derby** will be taking place on Saturday, February 21, at the Innisfil Beach Park boat launch – with registration beginning at 6 a.m., and weigh-in wrapping up at 1 p.m. There will be prizes, and a fundraising Barbecue.

Entry is a minimum donation of \$10; kids under 16 fish for free. The Ice Fishing Derby is a fundraiser for Tyler French, an Innisfil teen with Autism Spectrum Disorder. The funds raised help pay for the intensive behavioural therapy, speech and language therapy, and Occupational Therapy that Tyler needs. Prizes will be awarded for the longest Perch, Whitefish and Lake Trout in this annual fishing derby. For more information, email Elisa French at [fourfries@bell.net](mailto:fourfries@bell.net). Note: A fishing licence is required.



# February 16 is Family Day

## Bradford Curling Club Open House

The Bradford Curling Club is hosting a Family Day Open House on Saturday, February 14 from 10 a.m. to 4 p.m. This is a great opportunity for families to drop in, at 125 Simcoe Road, and discover the great sport of curling. Learn the basics – all equipment provided. Just bring a clean pair of shoes, to wear on the ice. Snacks and refreshments will be available. For information see [www.bradfordcurlingclub.ca](http://www.bradfordcurlingclub.ca)

## Family Day at the BWG Leisure Centre

The Bradford West Gwillimbury Leisure Centre, 471 West Park Avenue, will be open to the public from 8 a.m. to 4 p.m. on Family Day, February 16. There will be free skating on both rinks from 9:40 a.m. to 11:20 a.m., sponsored by RBC Financial. The gym will be open for Parent & Toddler Time from 9:15 to 11 a.m., and for Open Gym format from 11 a.m. to 4 p.m. The aquatics centre will also be open for lane swimming and Parent & Tot swim from 10 a.m. to 1 p.m., and for free leisure swimming from 1:15 to 3 p.m., sponsored by Bradford Orthodontics. For more information, contact the Leisure Centre at 905-775-PLAY (7526), ext. 0, or [leisurecentre@townofbwg.com](mailto:leisurecentre@townofbwg.com)

## Family Day at Tiffin

Family Fun Day, February 16 at the Tiffin Centre for Conservation, 8195 – Line 6 in Essa Twp., from 10 a.m. to 3 p.m. Admission is only \$5 per person, for Skating on the pond

(weather permitting: bring your own skates and helmet), snow-shoeing, kick-sledging, crafts and a scavenger hunt. Visit with the War of 1812 Re-enactors, and watch a live hawk demonstration. New this year – an opportunity to try ice fishing! Scoops will be on hand selling hot dogs for \$2 and hot chocolate for \$1.



Horse-drawn wagon rides at Fairy Lake Park, during Newmarket's annual Winterfest, which took place February 7. Activities included pony rides, live music, games, and the Lions' Pancake Breakfast.

## Family Day at the Simcoe Co. Museum

The Simcoe County Museum holds its 6th annual Family Day Extravaganza, February 16 from 9 a.m. to 4:30 p.m. Includes the SnowShoe Challenge on the Museum's unique Orienteering Course, beginning at 10 a.m.; and the annual Sliding Through the Ages Toboggan Competition. Bring your favourite sled, and enter to win a prize for the Largest, Oldest or Strangest Toboggan, beginning at 1:15 p.m. Also, play Snowsnakes, 9:30 a.m. to noon. Refreshments and lunch will be available. Admission

is \$6 for adults, \$5 for Seniors and Students, \$4 for Children – and free for preschoolers. The museum is located at 1151 Hwy. 26, north of Barrie. For more information call 705-728-3721 or visit [museum.simcoe.ca](http://museum.simcoe.ca)

## Family Games Day

The Innisfil Historical Society is hosting its annual Family Day "Games Day" on Friday, February 16 at the Knock Schoolhouse heritage site, 10 Sideroad at the 9th Line of Innisfil. From 1 to 4 p.m., guests of all ages are invited to drop in and play old-fashioned games!

## At the Elman W.

## Campbell Museum

The Elman Campbell Museum, 134 Main St. South in Newmarket, invites kids ages 4 to 10 and their parents or caregivers to join Family Day Fun, February 16 from 11 a.m. to 3 p.m. – old-fashioned wooden toys, a model train, Nursery Rhyme and Fairy Tale displays. Dress-up, and go on a Museum Scavenger Hunt! Admission is \$3 per participant, with a donation of non-perishable food for the Newmarket Food Pantry. For info, call 905-953-5134.

## King Township Winterfest

King Twp. Winterfest takes place at the Cold Creek Conservation Area on Feb. 16, from 9 a.m. to 3 p.m. – \$10 per vehicle. Come for soup or chili, horse-drawn sleigh rides, crafts, guided hikes, free Cross-Country Ski and Snowshoe rentals, pond skating and more. For details, please see [coldcreek.ca](http://coldcreek.ca)

## Family Day at Scanlon

The Friends of Scanlon Creek host a great day of Family Fun, outdoors at Scanlon Creek Conservation Area on February 16, starting at 10 a.m. Includes Kicksled Demonstrations and outings, guided Nature Hikes, a Scavenger Hunt, games, a bonfire and indoor crafts. Admission to the park, which is located off the 9th Line of BWG just north of Bradford, is \$10 per vehicle – free with an annual pass to Scanlon Creek.

For more information contact Wanda Black at 905-895-1281, ext. 222.



Enjoy a kiksledging adventure at Scanlon Creek C.A.



## Sports



SUBMITTED PHOTO

Bradford Minor Atom "A" Rep team defeated East Gwillimbury in the preliminaries, and will battle Barrie in the OMHA Quarter-Finals - with a home game this Saturday, February 14, at the BWG Leisure Centre. Go, Bulldogs, go!

## Minor Atoms in OMHA Playdowns

There are only two Bradford Bulldogs teams still in the hunt for an OMHA Championship.

As of February 5, the BWG/MHA Minor Atoms were one step closer to their goal, after eliminating the #1 seeded team, the East Gwillimbury Eagles, in the Preliminary round.

Game 1 saw the Bradford squad defeated 2-1, in a close match - but the Bulldogs came on strong in the next three games, defeating East Gwillimbury 7-2, 2-1 and 5-1, to move on to the Quarter-Final vs. Barrie.

The team had awesome goalkeeping by Evan Robbins and back-up goalie Daniel Natale; strong defence by Julia Mumford, Jas Wismer, Tristan Markham, Dylan Woodcock and Jack Heide - and dominant play by

forwards Spencer Natale, Philippe Harte, Matthew Carvalheiro, Riley Gainer, Brayden Fitkin, Justin Dias, Lucas Wehby, Gavin Rocha and Aiden Kapralik. Scoring goals in the series were Rocha, Kapralik, Gainer, Dias, S. Natale, Wismer, Wehby, Mumford and Carvalheiro.

The team would like to thank their coaching staff, generous sponsors and all of their fans who came out to cheer them on. The next home game will be against the Barrie Colts Minor Atom A, in the OMHA Quarter-Finals, on Saturday, February 14 at the BWG Leisure Centre, 12:30 p.m.

Bradford's Minor Midget "A" team leads Barrie 2 games to 0 in their Quarter-Final series.

## Local League hockey action

### ATOM 11

Jan. 15, Thornton #2 - 3, Bradford #3 Disney Rink Rats - 1. Lone goal by Kaden Reinhardt from Alex Semiao and Ethan Markams. Christian Sguigna was solid in net.

Jan. 17, Bradford #3 Disney Rink Rats - 6, NobleKing #1 - 3. Hat trick for Alex Semiao, with singles by Josh Maciel, Kaden Reinhardt (unassisted) and Colton Graham (unassisted). Helpers to Reinhardt and Semiao. Super job on goal by Gabriel Portuoso-Brown. Jan. 25, Thornton #2 - 6, Bradford #3 Pizza Hut - 1. Goal by Josh Maciel from Kaden Reinhardt and Ethan Markams.

### ATOM SELECTS

Jan. 19, Barrie - 2, Bradford Cortale Haulage Recycling and Disposal Selects - 1, in a close game. Goal by Frank Pirritano from Christian Flynn.

### PEEWEE 11

Jan. 21, Richmond Hill Kings #4 - 6, Bradford #2 - 2. Goals by Kyle MacLean from Tyler Ferramenta; and by Ferramenta unassisted. Solid effort. Jan. 25, Bradford #2 - 4, Thornton #2 - 1. All four goals by Tyler Ferramenta, on assists from Gianmarco Buccia (2), Jaime Wade, Matthew Froilo, Shayne Smith and Melissa Brinkos. Solid netminding from Clayton Szlam.

**Playoff Game #1**, Feb. 6 - Bradford #2 - 7, NobleKing #2 - 6, in a nailbiter that only ended in Overtime. Goals by Kyle MacLean with a hat trick, Tyler Ferramenta with a hat trick - including the OT game-winner, and single by Colin Whitefield (unassisted). Assists to Shayne Smith, Melissa Brinkos, Ferramenta, Gianmarco Buccia (3), Jakob Lazzi, Shawn Bezerra (2). Aiden Morby was awesome in net.

## Chase McEachern Tournament

Everyone has seen the compact Automated External Defibrillators, hanging on the wall in arenas.

Community centres and other public buildings. The AEDs have saved lives, improving the odds for anyone experiencing sudden cardiac arrest.

Without CPR or use of a defibrillator, only 5 to 8% of those who suffer cardiac arrest outside of a hospital setting survive. CPR alone can triple the chance of survival - but the use of an AED improves survival rates to as much as 74%.

The County of Simcoe, Province of Ontario and the Federal government all support the installation of AEDs in public spaces - but it took a 12 year old boy to launch the campaign to make Automated External Defibrillators part of the public landscape.

Chase McEachern grew up in Barrie, with a love of hockey - and a heart condition. He was playing AAA hockey when he was diagnosed with Atrial Fibrillation or flutter, like hockey legend Mario Lemieux.

Chase wrote to Don Cherry, with the idea of starting a campaign that would put AEDs into every hockey arena and school - but collapsed at school, and died before the campaign could be launched.

His family started the Chase McEachern Tribute Fund, which began raising money to purchase AEDs for public installation - partnering with both the Heart & Stroke Foundation's "Restart a Heart, a Life Program", and Simcoe County Paramedics, who provide Public Access Defibrillation training.

Ontario now has the largest number of AEDs installed in public places - over 5,000, with more than 50,000 people trained in their use, according to statistics provided by the Heart & Stroke Foundation. And work continues to reach Chase McEachern's goal, of making AEDs as common as fire extinguishers in public places.

The 8th Annual Chase McEachern Memorial hockey tournament will take place February 27-28 at the East Bayfield Arena in Barrie, 80 Livingston St. E. For information see [www.fightheart.ca](http://www.fightheart.ca)

## L.L. Peewees in Bradford Tourney

Bradford's Local League Peewees #2 participated in a Bradford Tournament, January 16-18. Game 1, Bradford #2 - 1, Carleton Place Kings - 1. Goal by Matthew Froilo

see PEEWEES Page 20

## Hockey Day in BWG!



The 7th annual Hockey Day in Bradford West Gwillimbury will be taking place this Saturday, February 14, from 8 a.m. to 2 p.m., at Bud Brown Memorial Park and the Bond Head Community Hall in Bond Head.

Hockey Day includes a Pancake Breakfast hosted by the Bond Head Lions, starting at 8 a.m., followed by an outdoor Pond Hockey Tournament for Tyke and Novice teams starting at 8:30 a.m. The Lions will also serve up a BBQ lunch, at 11 a.m.

Inside the Bond Head Community Hall, there will be airbrush tattoos and strolling entertainment, beginning at 9 a.m. Also inside the Hall, Bradford's Simcoe Masonic Lodge and the Union Masonic Lodge of Schomberg are hosting a free Child Identification event, from 10 a.m. to 2 p.m. The Masonic Child ID Program provides parents with an identification kit, containing a photo, fingerprints, dental impressions, a saliva swab as well as traditional statistical information, to be retained in case of a worst-case scenario, of a missing or lost child.

Come out and watch hockey the way it was meant to be played - on an outdoor rink! For more information, contact Joe Lotto at 905-775-5359 ext. 5102, or [jlotto@townofbwg.com](mailto:jlotto@townofbwg.com). Hockey Day in BWG is an annual celebration of hockey, organized by the Town of BWG Leisure Services.



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## Local League Peewees #2 in Bradford Tourney

PEEWEEES from Page 19

from Giammarco Ruccia and Thomas Gist, in an exciting match. Clayton Szram was solid in net.

Game 2, Bradford #2 - 2, Cookeville - 0. Scoring by Kyle Maclean from Ian Neill and Melissa Brinkos; and by Jakob Lizzi from Shawn Bezzer and Matthew Froio. Shutout to Aiden Morby.

Game 3, Feb. 17, Bradford #2 - 2, Waterloo Sky Blue - 1. Both goals by Tyler Ferramenta, from Thomas Gist, Matthew Froio and Giammarco Ruccia, in an intense game. Semi-Final, Feb. 18, Thornton - 2, Bradford #2 - 0, in a close match. Great effort by Bradford.

## Bowl for Kids Sake, for Big Brothers Big Sisters of York

Bowl for Kids Sake is a major fundraiser for Big Brothers Big Sisters of York - and a lot of community fun. Big Brothers Big Sisters provides mentoring for kids, both through one-on-one partnering of "Bigs" and "Littles", and through a range of in-school and after school programs. It opens the doors to a range of possibilities for kids!

Teams are encouraged to fundraise and sign up for their closest "Community Day" of Bowling for Kids Sake. Dates in 2015 include February 21 in Aurora, February 22 in Georgina, Feb. 28 in Newmarket - and Sunday, March 29 in Bradford, at The Bradford Underground Bowl (formerly Bradford Bowl). For more information, or to sign up early see [bigbrothersbigsisters.ca](http://bigbrothersbigsisters.ca) or call the Bowling Hotline at 905-726-2149 ext. 324.

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-Your loving wife, Shirley

**In Memoriams**

**VESTBY, Grant Kenneth** - (Retired Bank Manager for the Royal Bank of Canada for over 42 years). Peacefully passed away with his family at his side at Mt. Sinai Hospital, Toronto on Saturday, February 7, 2015. Grant Vestby of Tillamook and formerly of Bradford at 74 years of age. Beloved husband of Ethel for 51 years. Loving dad of Cheryl (Craig) Brown and Todd (Acquies) Vestby. Proud grandpa of Derek, Jillian, Taya and Daniel. Friends may call at **SKWARCHUK FUNERAL HOME**, Bradford for a memorial visitation on Friday, February 13, 2015 from 10 a.m. until the time of a memorial service held in the Chapel at 11 a.m. In Grant's memory, donations may be made to the Salvation Army.

**Obituaries**

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**BELFRY, Larry Raymond** - November 23, 1940 - February 2, 2015. Former Owner of Larry's Electrical Services. Retired from Region of Durham. He went Home to be with his Lord and Saviour after a lengthy and tiresome fight which he faced head on every day with a quiet, powerful resolve as he was his approach to everything in life. Larry passed away at home, surrounded by the love of his family. Loving and devoted husband of Phyllis and proud father of Stephen and his wife Lee-Ann, Terri Lynne and his husband Bruce Cyr and Craig and his wife Laurie. An adoring Papa, he doted on his grandchildren Daniel, Ally, Timothy, Dawson, Drew and Katie. Larry will be lovingly remembered by his brothers, sister, nieces, nephews and many friends. Heartfelt thanks go to his nurses and caregivers for their incredible compassion and support given to Larry and his family during his illness. Visitation will be held at **NORTHCUIT ELLIOTT FUNERAL HOME**, 53 Division Street, Bowmanville on Thursday, February 5, 2015 from 2 - 4 p.m. - 8 p.m. A Funeral Service will be held at **HARMONY ROAD BAPTIST CHURCH**, 226 Harmony Road South, Oshawa on Friday February 6th, 2015 at 11 a.m. A Private Interment will be held at Botherdes Cemetery. Memorial Donations may be made to Compassion Canada or Harmony Road Baptist Church.

www.northcuite Elliott.com

# Focus on Community

## Fox on the Fairway funny in Cookstown

"Golf can best be defined as an endless series of tragedies obscured by the occasional miracle."

Author Unknown

According to Ken Ludwig, author of **The Fox on the Fairway**, golf is more like a Greek tragedy along the lines of Homer's *Iliad*, punctuated by moments of pure absurdity.

**The Fox on the Fairway** is South Simcoe Theatre's latest production at Cookstown's Old Town Hall Theatre – a farce set at Quail Valley Golf Club that was, in the words of the author, "written in homage to the great English farce tradition that began in the 1880s, and flowered in the 1920s, '30s and '40s."

There's "exuberant" action, romance, betrayal, double entendres, ridiculous situations, snappy repartee – and golf – in this fun romp directed by SST veteran Candy Pryce.

Pryce makes good use of a cast that throws itself into the comedy, including Baron Watson as Bingham, manager of Quail Valley, and Peter Hilmer as Dickie – his golfing nemesis from competing "Crouching Squirrel" GC.

Richard Varty and Heather Dennis play young Junes and Louise, around whom the

tale revolves – and there are fun performances by Sue Pyrie as Bingham's wife "Muriel" and especially Mary Graham as Dickie's ex, "Pamela."

Mismatched couples, long-standing rivalries, and misunderstandings keep the action stirred, before the satisfyingly happy ending.

**Fox on the Fairway** is another February treat from South Simcoe Theatre, which understands that audiences need to laugh, to fight off the winter blues.

Performances are at 6 p.m. on Thursday,

Friday and Saturday, and 2 p.m. on Sundays, until February 22. Tickets are \$18 each; call 705-458-4432 to reserve.

Once again, local eateries are offering specials for anyone who makes a reservation and brings in their show tickets for that day's show.

Participating restaurants include The Olde Bulldog Beany, Iron Horse Bar & Grill, and The Cookstown Pub Co. in Cookstown, and Harbour House Grill in Leffroy.

From left, Heather Dennis, Peter Hilmer, Richard Varty, Baron Watson and Mary Graham in **The Fox on the Fairway**. Photo by Kristy Sherman.



## Truth4Teens fundraising dinner



Bradford Alliance Church, 758 Simcoe Rd., hosted a Spaghetti Dinner and Dessert Auction on February 1st – raising funds for Rick Osborne's ministry, Truth4Teens, and a program to provide baby food and formula for a First Nations community in Ojibwagumou, Quebec. Osborne, addicted to heroin at the age of 15, a member of an outlaw motorcycle gang, and an inmate of federal penitentiaries for 24 years, turned his life around, through Faith – and is now dedicated to making teens aware of the reality of drugs, gangs and crime.

Photo: Jonathan was the successful bidder for this Smartie Cake, in the Dessert Auction at Bradford Alliance Church.

## Education is not a Crime @ The Bradford Library

The Bradford Baha'i Community, in partnership with the Bradford Public Library, is hosting a screening of the documentary, **"To Light a Candle"** by Maziar Bahari, Feb. 27 at 7 p.m.

The documentary chronicles the lives of Baha'is in Iran. The country's largest religious minority, Baha'is are persecuted because of their faith, and banned from teaching or studying at university. To give young Baha'is the opportunity to pursue knowledge, The Baha'i Institute for Higher Education was established in 1987, with classes held in homes, via mail correspondence, and online. That hasn't stopped the Iranian government from raiding BIHE classes, and arresting both students and teachers. Hundreds of Baha'is have been jailed simply for teaching and studying.

**To Light a Candle** is described as a story of hope, and has sparked the global campaign, "Education is Not a Crime," calling for universal access to higher education. February 27 is "Education is Not a Crime Day."

Bahari is an Iranian-Canadian journalist and filmmaker. Not a Baha'i, he was inspired by the resilience of the Baha'i Community in the face of ongoing persecution, to make the

film and launch the Education is not a Crime campaign. For more information, see <http://educationisnotacrimine.me>

**Youth Entrepreneurs Workshop Series** for Youth ages 13 to 19. Learn the power of entrepreneurship and what it takes to be successful, from leading business and real estate expert Shanna McFarlane. Feb. 19 – *Money, Marketing & Mistakes*. April 17 – *Sales, Systems and Multiple Revenue Streams*. May 21 – *Building Your Business*. Each Workshop takes place from 7 to 8:30 p.m. Register for one, or all, at the Library. For information, contact Shanna McFarlane at [info@shannamcfarlane.com](mailto:info@shannamcfarlane.com) or 1-855-474-2662, or visit [www.shannamcfarlane.com](http://www.shannamcfarlane.com)

The next **Free Family Saturday** takes place February 21, from 11 a.m. to 1 p.m., on the theme "Where's Waldo?" Crafts, activities and games for ages 3 and up, accompanied by an adult. Free!

And the next **Acoustic Open Mic Night** is on Thursday, February 26. Sign up at 7 p.m., on stage from 7:15 to 9 p.m. Perform 1 to 3 songs/poems – or just drop in to listen, and enjoy.

## Movie Night for CONTACT South Simcoe

CONTACT Community Services is holding a fundraiser in partnership with Alliston's Circle Theatre – a movie night extravaganza on Friday, February 13, at 7 p.m. The evening will include a one-hour showing of the critically-acclaimed movie *Whiplash*, the sale of a new flavour of Chipperty Potato Chips for \$5 – plus a complimentary beverage, custom-made by Stef Dubeldam of Honey Lips, to accompany the chips. Anyone who purchases the Chipperty Potato Chips will also have a chance to win one of three \$25 gift cards. The Alliston Jazz Collective will entertain. Admission is \$12 at the door – with all of the funds going to support CONTACT Community Services in South Simcoe, including employment, housing and youth engagement programs. See [www.contactsouthsimcoe.ca](http://www.contactsouthsimcoe.ca)

## 'One Love' Zumba for Guatemala

Marcia Talbot will be leading more than 20 people on a Mission trip to Guatemala, this July.

She's led trips to Guatemala before, but this year there's a difference. Talbot is no longer working with Orphan Resources International, which focuses on children in orphanages. Instead, she and photographer Mary Sebastian work with children who live with their families, and the Ninos con Bendicion "Children with Blessing" after-school educational and cultural program, in the village of San Antonio Aguas Calientes. Talbot and Sebastian run the sponsorship aspect of the program, which provides tuition, uniforms, supplies, tutoring, medical and dental care, and a daily hot meal for the children.

This year, the fundraising goal is to help build a Youth Centre for the kids – raising the money for materials and supplies, while the work will be carried out by local residents.

Talbot is partnering with Cathy McLean of Zumba in Da House, to hold a fundraising event at Bradford Alliance Church on Saturday, February 21. **"One Love for Guatemala"** will take place from 1 to 3 p.m., and include 1 hour of Zumba, prizes to bid on, and a sale of Guatemalan handicrafts.

Tickets are \$20 in advance, \$25 at the door. For information or tickets, contact Marcia at 905-868-4868 or Cathy at 647-219-0321.

## Beat the Winter Blahs, for Ecuador Mission

Beat the Winter Blahs! with an Adult (19 and older) Dinner Dance and Silent Auction at Holy Martyrs of Japan Catholic Church parish hall, 167 Esca St. in Bradford, on Saturday, February 28. Tickets are \$35 each – a fundraiser for the Holy Trinity Catholic High School mission trip to Ecuador, planned for this April. Tickets are available at the High School at 100 Melbourne Drive, or call 905-775-4841 to RSVP. Also wanted: Donations for the Silent Auction. All are welcome to attend.

## Food, Music & Love for Valentine's Day

**MUSIC** from Page 10  
and Solists at 8:15 p.m., performing love songs at St. Andrew's Presbyterian Church, 484 Water St. Tickets for the Feast are \$80 each, a fundraiser for the Ardeleana Chamber Music Society. For more information, or to RSVP, visit [bluebridgefestival.org](http://bluebridgefestival.org) or call 289-796-0130.

The concert is open to the general public; tickets are \$20 each.

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